

HALIFAX

metro

®



NEWS
WORTH
SHARING.



Paid for by Nova Scotia NDP

Your Halifax/Dartmouth NDP Team



**MARY
VINGOE**
Dartmouth South



**ANDRÉ
CAIN**
Preston-Dartmouth



**TANIS
CROSBY**
Halifax Atlantic



**GREGOR
ASH**
Halifax Chebucto



**STEVE
ESTEY**
Dartmouth North



**DEBORAH
STOVER**
Dartmouth East



**DREW
MOORE**
Halifax Armdale



**ABAD
KHAN**
Fairview-Clayton Park



**DARRELL
DEXTER**
Cole Harbour-Portland Valley



**BECKY
KENT**
Cole Harbour-Eastern Passage



**MAUREEN
MacDONALD**
Halifax Needham



**LEONARD
PREYRA**
Halifax Citadel-Sable Island

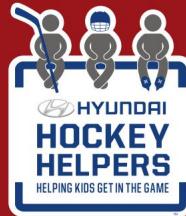
A BETTER FUTURE for TODAY'S FAMILIES



NDP

Authorized by the Official Agent for NS NDP





O'REGAN'S HYUNDAI CERTIFIED CLEARANCE

CHOOSE BETWEEN

- \$300 GAS CARD
- OR AN IPAD



FREE IPAD
OR GAS CARD

2013 HYUNDAI ELANTRA

GT

AUTO, A/C, POWER GROUP

~~\$21,894~~ FROM **\$16,990***

\$0 DOWN SAVE **\$4,904**

NO PAYMENTS FOR 90 DAYS!!



FREE IPAD
OR GAS CARD

2013 HYUNDAI ACCENT

GL 4 DOOR

AUTO, A/C, POWER GROUP

~~\$18,244~~ FROM **\$13,990***

\$0 DOWN SAVE **\$4,254**

2 LEFT \$88 BW

FREE IPAD
OR GAS CARD

2013 HYUNDAI ACCENT

GL 5 DOOR

AUTO, A/C, POWER GROUP

~~\$18,649~~ FROM **\$14,990***

\$0 DOWN SAVE **\$3,659**



FREE IPAD
OR GAS CARD

2013 HYUNDAI ELANTRA

GL

AUTO, A/C, POWER GROUP, 4DR

~~\$21,149~~ FROM **\$16,990***

\$0 DOWN SAVE **\$4,159**

2 LEFT \$88 BW

FREE IPAD
OR GAS CARD

2013 HYUNDAI SANTA FE

SPORT PREMIUM, AWD

AUTO, A/C, POWER GROUP, 4WD

~~\$32,059~~ FROM **\$26,990***

\$0 DOWN SAVE **\$5,069**



O'REGAN'S
DRIVING HIGHER STANDARDS

DARTMOUTH
HYUNDAI

60 BAKER DRIVE, UNIT - D
465-7500

oreganshyundaidartmouth.com

PICK YOUR PRESENT \$300 GAS CARD OR A FREE IPAD PLUS NO PAYMENT FOR 90 DAYS IN STOCK UNITS ONLY WITH O'REGAN'S FINANCING. SEE DEALER FOR DETAILS.
INCLUDES MINIMUM TRADE VALUE OF \$1,000 FOR CASH FOR CLUNKERS. ALL VEHICLES ARE GREENLIGHT CERTIFIED WITH LOW KMS. OFFER ENDS OCT 31ST, 2013.

Shreddies

HALIFAX

metro

DEBT WORRIES?

We'll help you find the right solution to alleviate financial stress.

902 425 3100

BDO Canada Limited

Trustee in Bankruptcy | Credit Counsellors | Proposal Administrators

www.bdodebthelp.ca**Gunfire outside U.S. Capitol**

Lockdown amid the shutdown after woman who tried to ram into a White House barricade was shot dead

PAGE 16

**HUSKIES, AXEMEN SET TO CLASH**

SAINT MARY'S DEFENCE LOOKING TO MAKE THE DIFFERENCE

PAGE 34

Discover your inner Mumford

**EVEN AVENGERS NEED TLC**

Eden Thomas shines up a restored Grumman TBM Avenger at the Shearwater Aviation Museum on Thursday prior to the official unveiling ceremony. Work on the Avenger has been ongoing for the past year. Story, page 4

JEFF HARPER/METRO

DUI charge for Zinck

Bad week. Former MLA could be in jail for court date



Trevor Zinck JEFF HARPER/METRO

Trevor Zinck is in trouble with the law again — less than a week before he is to be sentenced for his role in the MLA expense scandal.

The former Dartmouth North MLA has been charged with impaired driving after police received a call from a concerned citizen about a possible impaired driver on Highway 107 around 9 p.m. Wednesday.

Thirty minutes later, police say an officer located a vehicle on Franklin Court in Dartmouth, matching the description given to them by the caller.

Zinck was behind the wheel, police say, and was taken into custody and charged with impaired driving and having a blood alcohol level over 80 milligrams.

He will face the charges in Dartmouth provincial court on Nov. 12.

The report was that there was an individual driving while

impaired," said Halifax Regional Police spokesman Const. Pierre Bourdages.

Zinck, 42, is being sentenced Oct. 9 to fraud over \$5,000 and breach of trust for accepting about \$9,000 from the Speaker's Office to cover constituency expenses in 2008 and 2009, even though he didn't pay those he claimed were owed money, except for a partial amount to one group.

The Crown is seeking up to six months of jail time.

Defence lawyer Lyle Howe confirmed Zinck was charged but said "we're not going to speak about it right now."

PHILIP CROUCHER/METRO

**WEEKEND SPECIALS FRI-SUN**

SeaFresh Boned Haddock Fillets
\$5.99lb

Frozen Breaded Sole Fillets
\$2.49lb

Fresh Salmon (Utility Grade)
Whole Dressed Head-On
\$2.99lb

Live Snow Crab
(14-20 avg.)
\$7.99lb

Thawed Jumbo S/O (Shell-on) Shrimp
8/12 Count
\$11.99lb

Drop In For Another "Steak-Apalooza"

Fresh Halibut Steaks
\$13.99lb

Fresh Albacore Tuna Steaks
\$2.99lb

Fresh Local Shark Steaks
\$2.49lb

ALSO AVAILABLE:

Plenty of Sushi Grade Products and Accessories! Mongo Ika (Sliced Cuttlefish), IOD Salt Capelin, Sesame Seaweed Salad, Shime Saba, Frozen Sushi Grade Tuna, Tobiko (Flying Fish Caviar - 3 Colors Available), Unagi (Braised Eel). We also carry Sushi Rice, Sushi Vinegar, Nori, Sesame Seeds, Marinated Ginger & Tameri/Soy Sauce. Even Bamboo Sushi Rolling Mats.

Just In: Pocky Chocolate & Strawberry Biscuits, Hondashi Soup Base, Ramune Marble Pop, Instant Udon Noodles, Rice Crackers with Seaweed.

Like Us on Facebook:
FishermansHfxRetail



Seafood packed for shipment and travel

Gift Certificates & Party Trays Available

All specials while quantities last

607 Bedford Hwy. 443-3474 • Mon-Sat 9am-6pm, Sun 11am-6pm • fishermansmarket.com

Genuine goodness deserves to be shared. See inside for details.

SATURDAY, OCTOBER 5 ONLY!

20X THE SHOPPERS OPTIMUM POINTS®

WHEN YOU
SPEND \$50 OR
MORE[†] ON ALMOST
ANYTHING IN
THE STORE.

FREE
feels good[™]



PLUS **1 DAY
SALE**

These **SATURDAY ONLY** Specials - October 5



**188
EACH**

COCA-COLA or PEPSI
BEVERAGES 6 x 710mL
Selected Flavours
Limit 4. After limit 2.99
Rest of Week 2.99
+ Deposit & Enviro Levy where applicable



**149
EACH**

LAY'S POTATO CHIPS 180g
Selected Types
Limit 4. After limit 2.99
Rest of Week 2.99



**399
EACH**

BIO-LIFE (12 Roll) or
LIFE BRAND (9 Roll - 12 Roll) BATHROOM TISSUE
Selected Types
Limit 4. After limit 4.99
Rest of Week 2.99



**199
EACH**

LIFE BRAND
PAPER TOWELS 8 Roll
Limit 4. After limit 2.99
Rest of Week 2.99



**499
EACH**

BOUNCE SHEETS (120's),
TIDE LAUNDRY DETERGENT (1.47L) or
DOWNY FABRIC SOFTENER (1.23L - 1.53L)
Selected Types
Limit 4. After limit 6.99
Rest of Week 6.99



**299
EACH**

LIFE BRAND
FACIAL TISSUE PACK 6's
Limit 4. After limit 3.49
Rest of Week 3.49
While quantities last. No rainchecks



**299
EACH**

KRAFT
PEANUT BUTTER 500g - 1kg
Selected Types
Limit 4. After limit 3.99
Rest of Week 3.99



**177
EACH**

CHRISTIE
COOKIES or CRACKERS
Selected Types & Sizes
Limit 4. After limit 1.99
Rest of Week 1.99



**2088
EACH**

PAMPERS
SUPER BOXED DIAPERS
Selected Types & Sizes
Limit 4. After limit 22.99
Rest of Week 22.99



**599
EACH**

ALWAYS MAXI PADS (20's - 48's),
LINERS (60's - 120's) or
TAMPAX TAMPONS (40's)
Selected Types
Limit 4. After limit 6.99
Rest of Week 6.99



**299
EACH**

Q-TIPS COTTON SWABS (170's - 400's),
VELSINE PETROLEUM JELLY (375g) or
DOVE BABY WASH (440mL)
Selected Types
Limit 4. After limit 3.99
Rest of Week 3.99



**599
EACH**

BENYLIN COLD & SINUS (20's),
MOTRIN (45's - 90's) TABLETS,
TYLENOL NIGHTTIME SLEEP AID CAPLETS (16's)
or EXTRA STRENGTH EZ TABS (100's)
Limit 4. After limit 6.99
Rest of Week 6.99



**40%
OFF***

QUO
BRUSHES
Selected Types



**199
EACH**

LIFE BRAND SPRING (6 x 1.5L), NATURAL SPRING
(24 x 500mL) or FLAVOURED (6 x 500mL) WATER
Selected Types
Limit 4. After limit 2.49
Rest of Week 2.49

Rest of Week Pricing in Effect Sunday, October 6 to Thursday, October 10, 2013. While quantities last. We reserve the right to limit quantities. *Our Regular Price. [†]Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, RBC® Shoppers Optimum® MasterCard® points and points associated with the RBC® Shoppers Optimum Banking Account, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, transit tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care® locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cashier for details. © 911979 Alberta Ltd.

**SHOPPERS
DRUG MART**

Beaver Bank

Masked men, one with firearm, break into garage

A man was shaken up but not injured after two masked men, one carrying a firearm, broke into his garage in Beaver Bank on Thursday afternoon.

The robbery happened at about 1:30 p.m. **METRO**

Sunrise Walk area

Man shot in hand in Uniacke Square

Police are investigating a shooting in Uniacke Square on Thursday night.

At around 7:30 p.m., police responded to reports of shots being fired in the area of Sunrise Walk.

The 25-year-old victim was shot at several times, police say, resulting in an injury to his hand.

Police only have a limited description of the shooter — that he was a man with dark hair. **METRO**

Dartmouth area

Gardener held up at gunpoint in own front yard

Police are looking for two men after someone was robbed while outside gardening in front of their Dartmouth-area home.

The victim was outside gardening when police say two men came up to him and said their vehicle had broken down.

One of the men then pointed a gun at the victim, and the two suspects stole the victim's cellphone before running away.

METRO



The Halifax Regional Police headquarters on Gottingen Street on Thursday. **JEFF HARPER/METRO**

Have your say

Halifax Regional Police. Public's input sought on what to improve, change



HALEY
RYAN

haley.ryan@metronews.ca

New territory



"It's the first time something like this has been done with HRP!"

Police Chief Jean-Michel Blais

"We really needed to set a direction for where HRP would be, come 2024," said HRP Police Chief Jean-Michel Blais on Thursday.

Blais said he decided to reach out to the public, as well as HRP employees and stakeholders, because the future can't be decided "in a vacuum."

On Thursday, HRP launched a program called REenvision, where the police are taking suggestions and concerns for the month of October to help develop a new plan of action.

Anyone can weigh in on topics such as their perception of crime in HRM, the

role police should play in the community, approaches to policing that are working or need improvement and what HRP can do to increase their level of trust with the public.

Blais said people can provide feedback through an online survey at halifax.ca/reenvisionhrp, in Facebook and Twitter discussions, by email or traditional mail.

He said it's important

to have discussions on and about social media, because the police need to be kept up-to-date with technology and how it impacts their work.

Blais said he knows there could be angry responses from people unhappy with the system, but that's not a bad thing because it means something has "gone wrong" and this is a chance to find out why.

"There's going to be more accountability, and there's going to be more oversight that's going to be demanded," Blais said. "That's normal, because we spend a fair amount of the taxpayers' money, and it only makes sense they know that they're getting a good return on investment."

1
NEWS

So close to Downtown you can almost touch it.

GOVERNOR'S BROOK

Armc COMMUNITIES

www.picketfencehomes.ca/governorsbrook

For more information on homes, call
Lynn Carter
(902) 497-LYNN (5966)
Approved HRP Military Relocation Agent
www.lynnshomes.info

Century 21
Classic Realty Ltd.

New Homes from \$239,900

Located off Herring Cove Road, Governor's Brook is a growing community offering new homes to suit every lifestyle. A vibrant place to live, close to downtown, with various homestyles provided by:

Bungalow with Garage
1,424 sq. ft. Finished (2 bdrm, 2 bath)

2-Storey with Garage
2,200 sq. ft. Finished (3 bdrm, 2 bath)

Split Entry Fully Finished
1,456 sq. ft. Finished (3 bdrm, 2 bath)

Picket Fence HOMES

Model Home Open Tues-Thurs & Weekends 1-4pm • 2 Alabaster Way, Halifax

Beautifully restored Avenger aircraft brings back memories

Navy. Former pilots in attendance at Shearwater Aviation Museum unveiling

 **RUTH DAVENPORT**
ruth.davenport@metronews.ca

Fourteen months ago, the last of the TBM Avenger aircraft to serve in the Royal Canadian Navy arrived at the Shearwater Aviation Museum clad in orange and white paint, looking — as the curator charitably put it — “retired.”

On Thursday Tanker 23/Navy 303 sat primly outside the museum, gleaming in original Gloss Dark Gray paint and devoid of civilian fittings, its snub snout pointed to the sky as though pleading for one last sortie over the Atlan-



Guests and media check out a newly restored Grumman TBM Avenger at the Shearwater Aviation Museum on Thursday. JEFF HARPER/METRO

tic Ocean.

“Our volunteers ... made it sparkle again and made it a beautiful, beautiful example

of a TBM Avenger,” said Christine Hines at an unveiling of the newly restored aircraft Thursday.

The Grumman TBM Avenger replaced the British Fairey Firefly as the Royal Canadian Navy’s aircraft in 1950 and

Quoted

“It was a very good, very sturdy aircraft and could take a lot of abuse. It was well suited for its role.”

Former pilot Ken Brown

was modified for anti-submarine duties assumed under the NATO accord of 1949.

Former pilots clustered around Tanker 23 Thursday, reminiscing about adventures and misadventures in the skies above Shearwater and the aircraft carrier HMCS Magnificent.

“You had to be careful on takeoff — there’s 1,700 horsepower in that engine, which created quite a torque,” said former pilot Ed Smith, gazing at the squat single-engine aircraft partly credited with winning the Battle of Midway.

Smith, who logged about 500 hours in the Avenger cockpit, drove from Annap-

olis Royal for Tanker 23’s unveiling.

“It’s very nostalgic,” he said. “It’s very, very good to see the aircraft restored and here, as part of our heritage, which will be lost for most of us very soon.”

Hines said the Avenger was the first in a long line of aircraft used to carry out a military duty that Canada still fulfills today.

“Their job was to look for submarines, and we continue to do that job with the serving members working with the Sea King,” she said. “Being able to make that connection is really important for me.”

STOP WINTER DAMAGE NOW!

RUSTPROOFING

Clean, Clear, Fast and It Lasts!

- Preserves New Vehicle
“Factory Look”.

DripFREE, SolventFREE, OdourFREE

- No Messy residue, not tar-like or waxy.

“U” PACKAGE

\$59*

The
“Underbody”
RUST CURE™

“E” PACKAGE

\$99*

The
“Essentials”
RUST CURE™

Protects New, Used and even Rusty Vehicles

- Promotes safety by preserving the integrity of the body.

“C” PACKAGE

\$139*
FROM
The “Complete” RUST CURE™

**CORROSION
FREE**

\$20 OFF

the regular
price of a

COMPLETE ‘C’ Rust Cure Package

Coupon Expires November 16, 2013

*\$20 surcharge on most S.UVs, Minivans, Trucks and Full Size Vans.

LOWER SACKVILLE
Downsview Mall
864-3152

CLAYTON PARK WEST
Clayton Park Plaza
457-1001

COLE HARBOUR
24 Forest Hills Parkway
462-6100

DARTMOUTH
Dartmouth Crossing
434-2823

BEDFORD COMMONS
150 Damascus Rd.
835-1060

HALIFAX
6203 Quinpool Rd.
422-4922

SPRYFIELD
16 Dentith Road
477-5608

**Call your nearest store
for an appointment.**



P R O U D T O B E L O C A L L Y O W N E D & L O C A L L Y O P E R A T E D

Director of recruitment

Official charged with sex offences at Cape Breton University

The director of Cape Breton University's recruitment and marketing division has been charged with three sex offences involving a girl under the age of 16.

John Shea McInnis, 59, is charged with sexual assault, sexual interference and invitation to sexual touching involving a person under the age of 16. The offences are alleged to have occurred between January 2000 and December 2006. The name of the complainant is banned from publication.

McInnis of Beechwood Drive, Glace Bay, was released from custody Wednesday after posting a \$25,000 property surety and agreeing to abide by a host of conditions. McInnis is now scheduled to enter pleas to the charges Nov. 27.

Irene Khattar, the university's director of communication, says McInnis has been suspended with pay for an indefinite period.

"The charges relate to incidents that happened a number of years ago, not on the campus and unrelated to student activities and university business," said Khattar, adding McInnis' duties will be assumed by the deputy director of the section. She said counseling services will be made available to students and faculty who may feel the need to take advantage of such services.

"In the best interests of those concerned, CBU is awaiting an opportunity to meet with the employee and assess course of actions that are respectful to all concerned," said Khattar.

CAPE BRETON POST

Tell us all about crime and bad drivers: Take 2

HRM. Municipal officials clarify which phone numbers to use for reporting incidents, information related to crime and bad driving



RUTH DAVENPORT

ruth.davenport@metronews.ca

HRM officials are taking a Mulligan on a request for citizens to report suspicious activity, all crime and bad driving — this time with some extra clarity on which phone number to use.

Information that emerged from a Board of Police Commissioners meeting this summer, and was reported in Metro Halifax, suggested residents could call the non-emergency fire and police dispatch line — 490-5020 — to report incidents of bad driving.

That information wasn't quite correct, and the response from the public, while "encouraging," caught call takers at HRM's dispatch centre off guard.

"We were getting a bunch of calls on that particular day after the story ran.... I said why are citizens calling 5020?" said John Webber, manager of HRM's Integrated Emergency Services (IES).

The request from RCMP for residents to report chronic speeders or red-light runners was intended to gather data to build a "hot spot" map that will help officers zero in on areas of recurring bad driving.

But 490-5020 is a dispatch



John Webber, operations manager of integrated emergency services at Halifax Regional Police, poses for a photo recently. JEFF HARPER/METRO

line that should be used to report crimes in progress or incidents that require a police response at the scene — not information only, as some well-intentioned citizens discovered.

"Called 490-5020 and they stated that it has to be reported while the 'bad driving' was taking place," said one disenchanted reader via email after trying to report a wayward motorcyclist. "I called (490-5016) and was advised I needed a licence plate and nothing can be done.... I'm afraid the 'bad drivers' will

have to continue unchecked."

The 490-5016 line is specifically for residents to report crimes not in progress or that don't need a police officer at the scene, such as theft from a motor vehicle.

Halifax Regional Police spokesperson Wendy Mansfield said in the wake of the summer confusion, the 5016 phone call takers can now take information-only calls about suspicious activity and bad driving if a resident wants to report it for the Comstat data gathering.

Who to call

- 911 — for imminent danger
- 490-5020 — no imminent danger, but police response required
- 490-5016 — report crime not in progress, or for information

She said online reporting is another ideal avenue for filing that information.

"It's basically for incidents that don't require a police officer to be dispatched to the scene, so it's information gathering," she said, adding information-only reports can be submitted under "message for an officer."

Both Webber and Mansfield said anyone in doubt about which number to call should start with 490-5020, and expect that they may be redirected.

"They're the best line to determine if you need an escalated response or if it is a 5016 call," said Mansfield.

Irvine CARVERY

PROGRESSIVE CONSERVATIVE CANDIDATE
HALIFAX ARMDALE

As your MLA, I will listen to your concerns. I will work hard to deliver a strong, progressive, voice on issues affecting the people of Halifax Armdale. Let's not just change political parties let's truly change direction!

CAMPAIGN OFFICE: (902) 444-4208

WWW.IRVINECARVERY.CA

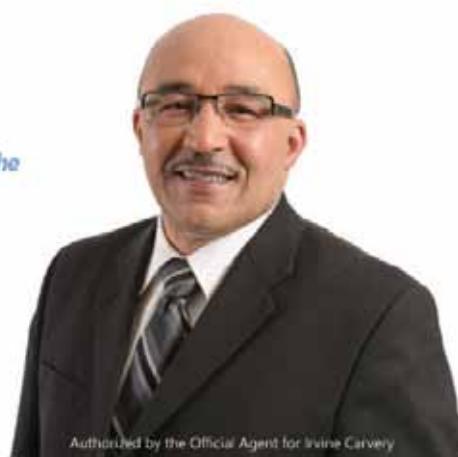


IRVINE@IRVINECARVERY.CA

Lower Taxes.

STOP wasteful spending.

more JOBS.



Authorized by the Official Agent for Irvine Carvery

NDP, Tories on the attack

Election. Front-runner Liberals criticized over economic plan

The NDP and Progressive Conservatives were squarely focused Thursday on the Liberals as the provincial election campaign entered its final days before Tuesday's vote.

Both party leaders took aim at the Liberal plan for jobs and the economy during their campaign events.

Premier Darrell Dexter used the backdrop of a noisy downtown construction site as evidence of his government's record in attracting business, while firing a volley at Liberal Leader Stephen McNeil.

"Almost everywhere you look in Halifax you see building cranes, and the reason for that is because Nova Scotia has

Tories promise

The Tories are promising to cut the HST by two percentage points while balancing the budget in the four years of a mandate.



Stephen McNeil JEFF HARPER/METRO

become a place for people to invest," said Dexter.

McNeil has been critical of what he says are corporate giveaways by the NDP, particularly its \$260-million forgivable loan to the Irving Shipyard in Halifax to help it prepare for the \$25-billion federal shipbuilding contract.

The Liberal leader has promised to do away with forgivable loans and says the province should be the lender of last resort.

But Dexter said the competitive global economy means Nova Scotia has to fight to attract business and that's what his government has done through its incentive programs. He said without the programs,

businesses wouldn't have come to the province.

Dexter also took a jab at McNeil's decision Thursday to visit two companies that have received government funding.

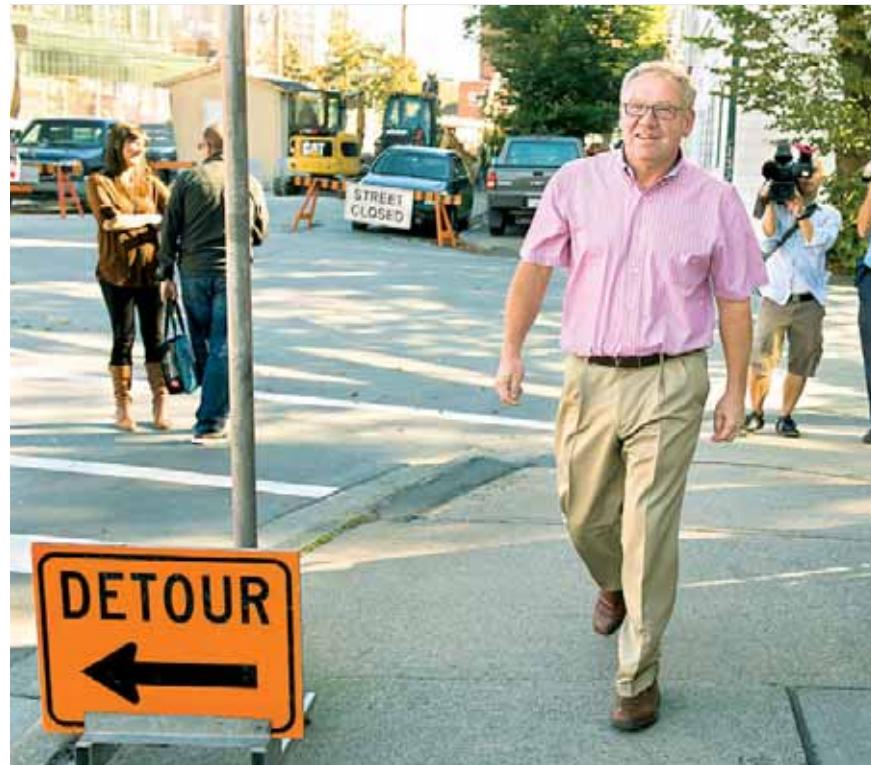
"I think it's ironic that Mr. McNeil is at LED Roadway Lighting and at Scotsburn (Dairy) — both companies where incentives and government assistance have been used to create good jobs for this province."

Progressive Conservative Leader Jamie Baillie also trained his sights on the Liberals, saying that party won't offer taxpayers immediate relief from the 15 per cent harmonized sales tax because its promise to bring down the tax is contingent on balancing the books — something the Liberals have not committed to.

McNeil dismissed attacks from the NDP that he won't fight for jobs and from the Tories that he's committed to taxes and job losses as signs his opponents are running out of ideas.

"You can argue my public policy positions and that's fair game, but I think anyone running for public office is trying to do the best they can for the province," said McNeil.

THE CANADIAN PRESS



Premier Darrell Dexter campaigns in downtown Halifax on Thursday. The Nova Scotia election is Tuesday.
ANDREW VAUGHAN/THE CANADIAN PRESS

Main political parties get poor health-care grades

A day after being graded on environmental policies and performance, Nova Scotia's political parties have been graded on health care issues.

The Nova Scotia Citizen's Health Care Network gave the NDP a grade of C+, the Liberals a C, and the Progressive Conservatives a D-. The Green Party

received a B.

The parties were graded on their platforms and responses to a questionnaire. They were also graded in six key areas, including opposition to privatization, health delivery and pharmacare. Grades in those areas ranged from the Greens' A for patient-centred care and

explicitly opposing privatization, to the Liberals' and Tories' F for their privatization policies.

"Most parties have missed key opportunities to improve quality and access to care," said chair Lee Seymour in a release. "We hope that this report card serves as a wake-up call to seize the low hanging fruit." METRO

Acute, long-term care nurses reach deal offering wage hikes

About 6,000 nurses in Nova Scotia have reached a two-year tentative agreement that would provide them wage increases.

The Nova Scotia Nurses' Union says the deal with employers for acute and long-term care nurses concluded late Wednesday.

Results?

The union says it hopes to release the results of a ratification vote on Nov. 13.

Janet Hazelton, the president of the union, says the

settlement offers annual wage hikes of 2.5 and three per cent.

Hazelton says the deal also ensures that nurses can have a dialogue with their employers on issues that affect their workload.

This contract is retroactive to November 2012 and would expire on Oct. 31, 2014. METRO

ARDENE | BEDFORD DENTAL | BENTLEY | CARLTON CARDS | CARRIGAN DENTURE
CHARM DIAMOND | COLES | CO-OPERATORS | CURVES | DOLLARAMA | DOOLY'S
DUNDEE PRIVATE INVESTORS | EVERAGE CONSULTING | EXIT REALTY | EYES ON BEDFORD FABRICVILLE
| FAIRWEATHER | FINATICS | FLIGHT CENTRE FLOOR ETC | HALIFAX SPEECH | INTERNATIONAL CLOTHIERS

**WE'VE CHANGED
TO SERVE YOU BETTER.**

JDRF | MESH BARN PHAN'S ORIENTAL | PHYSIO CONNECTION | PRO TAILOR | SCOTIABANK |
SERENDIPITOUS | SEYMOUR PSYCHOLOGICAL SERVICES | SOURCE | SPICE NAILS | SUZY SHIER SWISS
CHALET | TAN JAY | TAPERED EDGE | THAI GARDEN | THINGS ENGRAVED | TIM HORTONS |
TRIMARK FOODS | TRUE NORTH DINER | U WEIGHT LOSS | VIBE | VILLAGE VACUUM
WHATEVER GIFTWEAR | TARGET

**FIND IT
HERE.**

*Bedford
Place Mall*

WWW.BEDFORDPLACEMALL.COM

GET HOME PHONE SERVICE FOR LESS

INTRODUCING ROGERS
WIRELESS HOME PHONE



ROGERS WIRELESS
HOME PHONE DEVICE
ONE TIME
PURCHASE FEE
\$29.99

USE YOUR
EXISTING PHONE

ONLY \$9.99*
/mo

FOR EXISTING ROGERS
WIRELESS CUSTOMERS

- Keep your **existing phone and number**
 - **Unlimited** Canada-wide calling
 - Enhanced **Voicemail** and **Caller ID**

VISIT YOUR LOCAL ROGERS STORE

LIVE LIKE NEVER BEFORE.™



HALIFAX	DARTMOUTH	SACKVILLE	NEW MINAS	TRURO	NEW GLASGOW	PORT HAWKESBURY
AML Communications 201 Chain Lake Dr. (902) 455-3388	AML Communications 121 Ilsley Ave. (902) 468-3388	AML Communications 405 Sackville Dr. (902) 865-3388	AML Communications County Fair Mall (902) 681-3388	AML Communications Truro Mall (902) 893-2288	Motion Communications 60 Archimedes St. (902) 752-5888	Motion Communications 634 Reeves St. (902) 625-5777
AML Communications 5693 Spring Garden Rd. (902) 492-3388	AML Communications Mic Mac Mall (902) 466-3388	BRIDGEWATER	YARMOUTH	AML Communications 76 Stairs Rd. (506) 860-7633	AML Communications 142 South Albion St. (902) 669-3388	ANTIGONISH
Rogers Plus Halifax Shopping Ctr. (902) 455-1778	AML Communications Sunnyside Mall (902) 463-3388	WORLD OF WIRELESS 533 King St. (902) 543-6363	WORLD OF WIRELESS 76 Stairs Rd. (506) 860-7633	MOTION COMMUNICATIONS 19 A James St. Plaza (902) 863-5888	SYDNEY	Soundex 484 Grand Lake Rd. (902) 564-9400

Offer subject to change without notice. Where applicable, additional airtime, international long distance, roaming, options and taxes are extra and billed monthly. Rogers Wireless Home Phone device required and sold separately. 9-1-1 calls are routed based on the wireless network's automatic location technology, but you may have to provide your home address to emergency responders. Rogers recommends that you always have an alternative means of accessing 9-1-1 services from your home or business during a power or network outage. Corded or cordless landline home phone equipment is not included. Not compatible with services including but not limited to home security systems, wireless messaging and data services, fax service, medical alert systems, medical monitoring systems, credit card machines, IP-PBX Phone systems, or dial-up Internet service. May not be compatible with your DVR/Satellite systems, please check with your provider. Usage subject to Rogers Terms of Service and Acceptable Use Policy, rogers.com/terms. Wireless home phone has access to phone service over the Rogers wireless network. For important wireless 9-1-1 information, visit rogers.com/911. *Rogers and related names & logos are trademarks used under license from Rogers Communications Inc. or an affiliated company. ©2013 Rogers Communications Inc.

ROGERS™
authorized dealer

Deep Panuke. Failure to conduct inspections cause of fire: Report

The underlying reason behind an electrical fire that broke out earlier this year aboard the Deep Panuke offshore natural gas project was negligence of annual maintenance inspections, an interim report says.

The report, obtained under federal access-to-information law, says the project was supposed to undergo yearly tests to detect heat coming off electrical equipment and connections. But SBM Offshore, the Dutch-based owner of the offshore platform, did not carry out those tests prior to the Jan. 19 fire, the report says.

"The existing maintenance program ... includes annual thermography testing as well as low resistance (ductor) testing and other checks such as visual every five years," says the report, dated six days after the fire.

"At the time of the event, none of the annual inspections were conducted (root cause)."

The report also says inspectors found high-resistance connections and "several instances

SBM Offshore comment

Anne Guerin-Moens, spokeswoman for SBM Offshore, declined an interview request. But in an email she said the fire was reported to and examined in detail by the board.

of loose control wiring" in the equipment after the fire. It says high-resistance connections can cause "significant temperature increases which can lead to equipment damage and fires."

The report was submitted by Encana, the project operator, in collaboration with SBM Offshore. It was approved by the Canada-Nova Scotia Offshore Petroleum Board, which regulates the province's offshore energy industry.

Firefighters extinguished the fire when it broke out aboard the platform, which is located 250 kilometres southeast of Halifax. **THE CANADIAN PRESS**



Pro-choice proponents crash pro-life rally

Pro-choice advocates, left, showed up to protest a pro-life rally in front of Province House on Thursday. The pro-life supporters were rallying to try and make their issue an election issue. **JEFF HARPER/METRO**

Chapter opens

Halifax school board welcomes new superintendent

Former teacher, vice-principal and senior staff advisor Elwin LeRoux has been named as

the new superintendent of the Halifax Regional School Board.

Originally from Glace Bay, LeRoux served with the HRSB for the past 24 years and lives in Fall River with his family.

"Elwin is very interested in how students learn and he is enthusiastic about how we can use technology to engage

and educate them. He is absolutely the best candidate, period," said HRSB chair Gin Yee in a release.

LeRoux has an undergraduate science degree from St. Francis Xavier University, plus three degrees in education from Saint Mary's University.

"I look forward to working

with our staff, students and the communities we serve to build on the many strengths of our school system," LeRoux said.

He replaces Carole Olsen, who resigned in August 2012. Judy White served as an interim superintendent for the past 13 months. **METRO**



All-inclusive vacations from \$122 per night.

All advertised prices include taxes & fees.

Canada & USA Flights

Toronto
\$492
from \$489

Travel Dec 24 - Jan 1

St Petersburg, FL
from \$489

Travel Feb 5 - Feb 12

Miami
from \$525

Travel Nov 13 - Nov 20

Orlando
from \$541

Travel Jan 22 - Jan 29

New York
from \$588

Travel Nov 12 - Nov 19

Las Vegas
from \$639

Travel Nov 5 - Nov 12

Boston
from \$659

Travel Nov 12 - Nov 19

Edmonton
from \$765

Travel Nov 5 - Nov 12

Vancouver
from \$839

Travel Nov 5 - Nov 12

International Flights

Bangkok
\$1079
from \$1069

Travel Nov 5 - Nov 19

Cancun
from \$669

Travel Oct 8 - Oct 15

Montego Bay
from \$678

Travel Oct 24 - Oct 31

Costa Rica
from \$829

Travel Nov 5 - Nov 19

Paris
from \$896

Travel Nov 7 - Nov 14

London Christmas
from \$938

Travel Dec 24 - Dec 31

Lima
from \$1005

Travel Nov 12 - Nov 26

Dubai
from \$1269

Travel Nov 5 - Nov 19

Johannesburg
from \$1379

Travel Nov 5 - Nov 19

Canada & USA

St Petersburg Beach
Christmas, Flights + 7 Nights
\$1059
from \$1059

INCLUDES accom at beachfront resort.

Niagara Falls
Flights + 3 Nights 4-Star
from \$555

INCLUDES accom on Falls Ave and 3-day car rental.
Price per person based on family of 4. **BOOK** this package based on double occupancy from \$735.

Orlando Family Special
Flights + 7 Nights
from \$631*

INCLUDES accom near major attractions.
Price per person based on family of 4. **BOOK** this package based on double occupancy from \$730.

Las Vegas Flights + 3 Nights
from \$744

INCLUDES accom on the Strip. **UPGRADE** to 4-star accom from \$772.

New York
Flights + 3 Nights 4-Star
from \$773

INCLUDES Manhattan accom.

Flights + All-inclusive

Jamaica 7-Nights 4-Star
\$1062
from \$1062

UPGRADE to 4.5-star accom from \$1329.

Varadero 7 Nights 4-Star
from \$854

UPGRADE to 5-star accom from \$1003.

Puerto Plata
7 Nights 4-Star
from \$957

INCLUDES accom at a beachfront resort.

Riviera Maya
7 Nights 4-Star
from \$1052

UPGRADE to 5-star accom from \$1092.

Punta Cana 7 Nights 4-Star
from \$1077

UPGRADE to 5-star accom from \$1137.

Riviera Maya Christmas
7 Nights 4.5-Star
from \$1820

UPGRADE to 5-star accom from \$1848.

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free!

FLIGHT CENTRE The Airfare Experts



flightcentre.ca
More great deals online!



1 866 502 2530
850 Airfare Experts across Canada.

Conditions apply. Ex: Halifax. All advertised prices include taxes & fees. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. pp=per person. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. *Price is per person based on quad occupancy (2 adults & 2 kids ages 2-17). † We will beat any written quoted airfare by \$1 and give you a \$20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree.

Maritime Steel. Investor hoping to restart beleaguered business

If Abbas Jafarnia gets his way, Maritime Steel may soon operate in New Glasgow and not move to Niagara Falls.

In the latest attempt to restart the century-old foundry, a new, unnamed potential investor has come forward and has offered, according to Jafarnia, a contract worth \$15 million.

"After the story was in The News to move the facility to Niagara Falls, someone contacted me with the offer," said the Maritime Steel Foundry Ltd. owner.

With a new investor in place, he's hoping to get new orders going and Maritime Steel employees back to work. While Niagara Falls was an option, he'd rather keep the foundry here.

"Generally speaking as a business it's better to stay than go. But when there was too much resistance, our next option was to move the facility," Jafarnia said. "We did the arrangements and everything was in line about a month

Non-payment

- Public records of Nova Scotia's Registry of Joint Stock Companies show that the registration of Maritime Steel Foundry Limited was revoked for non-payment of the company's annual registration fee on June 6.

ago (to move to Ontario) but we had a new interested party who came and we're going to try and do the job here."

Getting back to business is proving challenging, however. The foundry's approval to operate from Nova Scotia Environment expired and must be renewed to begin operations again. This involves a public consultation and 60-day review period.

Jafarnia said he was hoping to get things moving and considers this the latest hurdle of many from the government.

NEW GLASGOW NEWS



Demonic clown just part of the haunted fun

Mike MacGillivray makes some final adjustments in the Haunted House at Alderney Landing on Thursday. The haunted house opens for its first weekend of the year on Friday night. JEFF HARPER/METRO

Dartmouth

Man severely beaten in building

A man lost consciousness after being severely beaten by someone he let into his Dartmouth apartment on Wednesday night.

Halifax Regional Police say the incident happened around 9:30 p.m. on Caledonia Road.

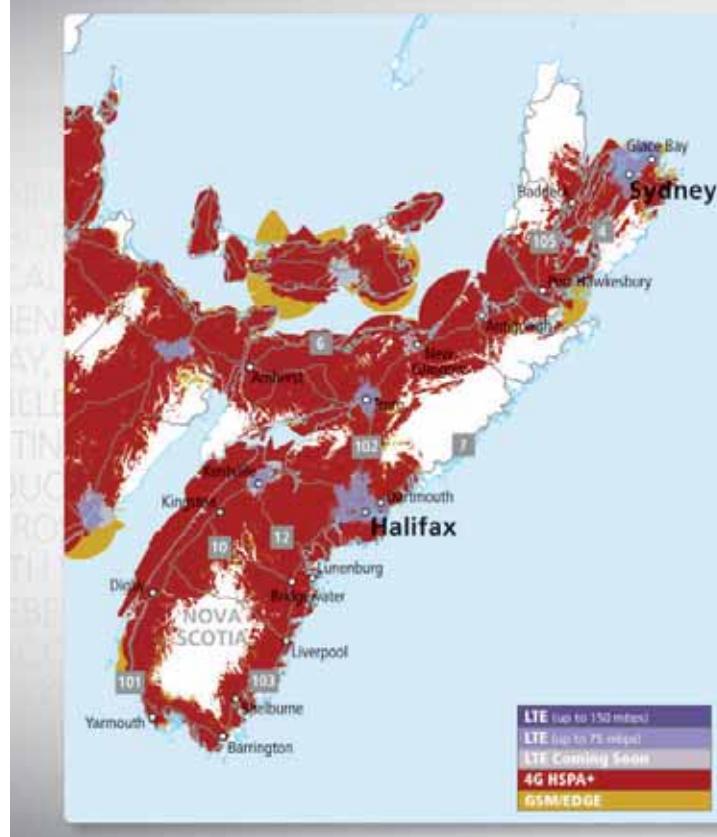
The 59-year-old victim tells police he let someone into his apartment he thought he knew, and was then assaulted. METRO

Clayton Park

Man masturbates in front of jogger

Police are looking for a man who pulled up alongside a female jogger in Clayton Park three different times, and then pointed towards himself masturbating.

The incident happened around 4 p.m. on Wednesday as the jogger was running along Parkland Drive and Kearney Lake Road. The man didn't say anything, and she wasn't hurt. METRO



WE'VE EXPANDED OUR HI-SPEED NETWORK IN NOVA SCOTIA* SWITCH TODAY!

As part of our \$80 million investment into the Maritimes, Rogers is pleased to announce the enhancement and expansion of our reliable wireless voice and data network in Nova Scotia. So visit a Rogers store today for our latest smartphones, a Rocket™ mobile internet stick or access to the latest tablet.

VISIT YOUR LOCAL ROGERS STORE TODAY.

LIVE LIKE NEVER BEFORE.

 ROGERS

*Based on tests comparing download speeds on the Rogers LTE network vs. Bell and Telus' LTE networks within Rogers LTE coverage area. LTE device, LTE SIM and plan required. Actual experienced speeds may vary based on device, topography and environmental conditions, network congestion and other factors. Rogers LTE network available in select Canadian cities. Visit Rogers.com/LTE for coverage. For full details on Rogers Smartphone Freedom Advantage, visit rogers.com freedomadvantage. ** Refers to peak download speed. Actual speed may vary based on handset, topography and environmental conditions, network congestion and other factors. ©2013 Rogers Communications.

Doc proves poop pills not a load of crap

Not ready for mass production. Each patient administered own set of capsules

Forget the enema bag and the tube that snakes down the throat to the intestines. The future of treatment for persistent *C. difficile* infections

may come in pill form.

A Calgary doctor who has been treating difficult-to-cure *C. difficile* for years with fecal transplants is reporting he has created what are in essence poop pills — and they do the trick.

Infectious diseases expert Dr. Tom Louie, a pioneer in the use of fecal transplants for *C. difficile* in Canada, has treated 27 patients with his

handmade pills, and all 27 were cleared of their infections.

"They came in for lunch on an empty stomach ... and took 24 to 30 pills on average," Louie, said of the regimen, which he described to fellow scientists at the ID-Week conference in San Francisco on Thursday.

Louie, who teaches at the University of Calgary, said he

saw no side effects, and the regime was well tolerated by patients.

Louie said he is working with collaborators in Britain to try to determine which bacteria are key to re-establishing a healthy balance in the gut, with the aim of moving to a pill treatment that wouldn't have to be tailor-made for each patient.

THE CANADIAN PRESS



Dr. Thomas Louie with stool pills in his lab in Calgary. THE CANADIAN PRESS

**SINCE 1818,
WE'VE SEEN ALMOST
EVERYTHING.
EXCEPT YOU.**

Open House
Friday, October 18th

dal.ca/openhouse
Register by October 15th

**DALHOUSIE
UNIVERSITY**
Inspiring Minds

PARENTS – It's your Open House, too

University is a big decision. At our **Parents Program**, you can ask questions and get answers. Talk with admissions staff and students. Meet the president. Learn about programs, scholarships, financing, and student supports. Experience a residence and enjoy lunch on us. Sign up now at dal.ca/openhouse

Heroin for some addicts. Ottawa closes 'loopholes' in special access program

Health Minister Rona Ambrose says she's banning certain drugs from a federal special access program.

They will include products containing heroin, unauthorized forms of cocaine and other restricted drugs, such as ecstasy and LSD.

Ambrose says those drugs won't be authorized for patients under new regulations that take effect immediately.

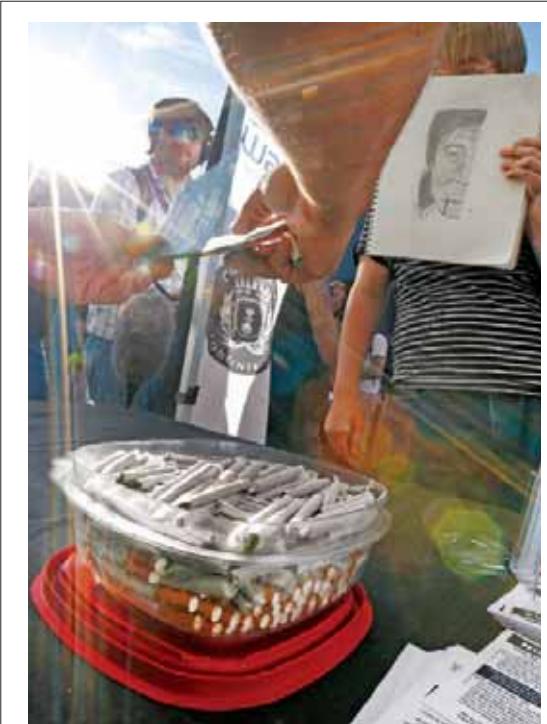
She says the ban won't affect clinical trials or university research.

THE CANADIAN PRESS

The program

The special access program is designed to let patients in exceptional cases get medications normally not allowed in Canada.

- The Conservatives are using the heroin issue as a fundraising platform, saying the NDP and Liberals would make the program permanent if elected in 2015.



Proposed pot tax too steep?

A marijuana activist checks IDs and hands out free marijuana joints Wednesday at a rally outside a pro pot-tax fundraiser in Denver. The rally criticized Colorado's proposed 25 per cent tax on recreational marijuana as too steep. Retail pot sales are set to begin in Colorado on Jan. 1. BRENNAN LINSLE/THE ASSOCIATED PRESS



A wrecked Capitol Police car blocks the street following a shooting on Capitol Hill in Washington, D.C., on Thursday.

CHARLES DHARAPAK/THE ASSOCIATED PRESS

Woman shot dead in D.C. ramming spree

White House to Capitol Hill. Driver tried to break through security with an infant inside the vehicle

A woman with a year-old child led Secret Service and police on a harrowing car chase from the White House past the Capitol on Thursday, attempting to penetrate the security barriers at both national landmarks before she was shot to death, police said. The child survived.

"I'm pretty confident this was not an accident," said Metropolitan Police Chief Cathy Lanier. Still, Capitol Police said there appeared to be

no terrorist link. The woman was apparently unarmed.

Tourists, congressional staff and even some senators watched as a caravan of law-enforcement vehicles chased a car down the street outside the Capitol.

House and Senate lawmakers, inside debating how to end a government shutdown, briefly shuttered their chambers as Capitol Police shut down the building.

The woman's car at one point had been surrounded by police cars and she managed to escape, careening around a traffic circle and past the north side of the Capitol.

Video shot by a TV camera-

Police open fire

"There were multiple shots fired, and the air was filled with gunpowder."

Witness Berin Szoka, whose office overlooks the shooting scene

man showed police pointing firearms at her car before she rammed a Secret Service vehicle and continued driving.

Lanier said police shot and killed her a block northeast of the historic building.

One Secret Service member and a veteran of the Capitol Police were injured.

THE ASSOCIATED PRESS

Liberal
Nova Scotia First.

Our seniors matter.

The Liberal Party has a plan to provide our seniors with the services they need and focus health care dollars on patient care.

Liberals are ready to act.

Authorised by the official agent for Labi Kousoulis.

www.votelabi.ca | 902.405.VOTE (8683) | info@votelabi.ca

Vote Labi Kousoulis
Halifax Citadel - Sable Island



Stay Warm and Toasty this Winter

and
Save Money
on your
Home Heating

SAVE UP TO

\$590

WITH A FREE ACCESSORY

UNTIL NOV. 25th, 2013

Call to book an
appointment with our
home heating experts

HERITAGE HEARTH
PRODUCTS

REGENCY
FIREPLACE PRODUCTS
www.regency-fire.com



HeritageHearth.ca • 902-454-9512 • 124 Chain Lake Drive, Halifax

Arctic. Russia restoring Siberian military base to protect shipping routes

President Vladimir Putin pledged Thursday that Russia will expand its presence in the Arctic, adding that work is underway to restore a major Soviet-era military base there.

Speaking at a meeting with activists of the main Kremlin party, United Russia, Putin said the Arctic region is essential for Russia's economic and security interests.

Putin said the Russian military has been restoring a Soviet-era military base on the New Siberian Islands;



Russia's Vladimir Putin GETTY IMAGES

key for protecting shipping routes that link Europe with the Pacific region across the Arctic. **THE ASSOCIATED PRESS**

Athens, Greece

Golden Dawn leaders held

The head of Greece's Nazi-inspired Golden Dawn party and one of his parliamentarians were locked up in a maximum-security Athens prison Thursday.

Judges ordered their

detention pending trial on charges of running a criminal organization.

Nikos Michaloliakos and Yiannis Lagos will be held in a secluded section of a prison. There are widespread accusations the party organizes attacks on immigrants, political opponents and gay people.

THE ASSOCIATED PRESS

Hundreds dead or missing as migrant ship sinks off Italy

Italy. Boat carried hundreds from Eritrea, Ghana and Somalia; only three of the 100 women were rescued, no children

It was the third ship of the night to head toward the tiny Italian island of Lampedusa packed to the brim with migrants seeking a better life in Europe. The first, filled with Syrians, arrived about 10 p.m. The second, carrying Eritreans, slipped in at 2 a.m. The third never reached the shore.

At least 114 people died

'Only the strongest survived'

"We need only caskets, certainly not ambulances." Pietro Bartolo, chief of Lampedusa health services.



A man is carried off an ambulance at a hospital, after being rescued. **ALESSANDRO FUCARINI/THE ASSOCIATED PRESS**

and at least 200 were still unaccounted for late Thursday after a crowded fishing boat carrying African migrants from Tripoli caught fire, flipped over and sank.

In the dark of night, hundreds of men, women and children who didn't know how to swim were flung into the sea about

a half-mile from Lampedusa. Between 450 and 500 people were believed to be on board; only 159 were rescued.

After the boat started taking on water, someone on board set a fire to get the attention of passing ships. The flames spread and panicked passengers surged to

one side to avoid the fire. The 20 metre vessel the capsized.

Pietro Bartolo, of Lampedusa, said the death toll would certainly rise as search operations continued. "It's an immense tragedy," said Giusi Nicolini, mayor of Lampedusa. **THE ASSOCIATED PRESS**

Make the switch.

Install a Heat Pump, Wood or Pellet Heating Equipment.



Cut your heating costs this winter.

Electric heat can be expensive and inefficient. Efficiency Nova Scotia can help you supplement or switch to a new heat source. We offer rebates or financing options for Wood, Wood Pellets, Geothermal Heat Pump, or Centrally Ducted Air Source Heat Pump.



Wood



Wood Pellets



Geothermal Heat Pump



Centrally Ducted Air Source Heat Pump

The choice is yours

Receive up to \$2,500 in rebates

OR

0% financing OAC**up to \$15,000 to complete your upgrades

1-877-999-6035 efficiencyns.ca

FOLLOW US FOR ENERGY SAVING TIPS

use energy better

efficiency
NOVA SCOTIA CORPORATION

* Electric heat must be primary heat source. Pre-approval is required to participate. Other conditions apply. Contact Efficiency Nova Scotia or see our website for complete eligibility criteria. ** On approved credit.

No plans to legalize assisted suicide: Ambrose

Health Minister Rona Ambrose says she is willing to talk to her provincial and territorial counterparts about assisted suicide, but insists Ottawa has no plans to legalize it.

Ambrose made the comments in Toronto where she is expected to meet with the other health ministers Friday.

Ontario Premier Kathleen Wynne said last week that Canadians need to have a con-

versation about the emotionally charged subject, whether the feds want to deal with the issue or not. The subject came up recently after a plea for change from a dying doctor. **THE CANADIAN PRESS**

Become a better informed health consumer!

Attend Mini Medical School!

Indigestion: Do you need a burp or a workup? **Back Pain:** When to worry?
Concussion: not just a bump on the head! **Skin:** Your biggest organ

These are just a few topics you will learn about at Mini Medical School 2013.

Mini Med serves up the latest information on a wide range of health topics. It's entertaining and informative, and open to adult learners who want to be informed health consumers.

There's no homework, no exams, and it's free!

Thursday nights, 7:00-9:30 p.m.

October 10 November 7

October 17 November 14

October 24 November 21

Dalhousie Medical School,

Theatre B, Sir Charles Tupper

Medical Building, 5850 College Street



For more information and a list of topics, please visit minimed.medicine.dal.ca



DALHOUSIE
UNIVERSITY
Inspiring Minds

Calif. man charged in drug-dealing website

'Dread Pirate Roberts.'

Cops swept down on 29-year-old Ross William Ulbricht while on his laptop in a library

FBI agents found him in the science-fiction section of a small branch of the San Francisco public library, chatting

online.

The man known as Dread Pirate Roberts — 29-year-old Ross William Ulbricht — was on his personal laptop Tuesday afternoon, authorities said, talking about the vast black market bazaar that is believed to have brokered more than \$1 billion in transactions for illegal drugs and services.

When a half-dozen FBI agents burst into the library in

a quiet, blue-collar neighbourhood, they abruptly ended Ulbricht's conversation with a co-operating witness, pinned the Austin, Texas, native to a floor-to-ceiling window and then took him off to jail, law enforcement and library spokeswoman said.

Ulbricht was later charged in criminal complaints in federal courts in New York and Maryland. He's accused

of making millions of dollars operating the secret Silk Road website and of a failed murder-for-hire scheme, all while living with two roommates whom he paid \$1,000 to rent a room in a modest neighbourhood.

Federal authorities shut down the website.

Ulbricht has not entered pleas to any of his charges.

THE ASSOCIATED PRESS



This frame grab from the Silk Road website shows thumbnails for products allegedly available through the site. SILKROADDRUGS.ORG / THE ASSOCIATED PRESS

YouTube

Dramatic quitter gets talk-show offer

A University of Missouri graduate who used a dance video to quit her job with a Taiwanese company has gotten an offer to work on the website of a daytime talk show. Marina Shifrin became an Internet sensation after her choreographed performance to Kanye West's *Gone* was posted on YouTube.

She was a guest Thursday on Queen Latifah's talk show. The host asked Shifrin if she wanted to work as a digital-content producer on her website.

At first Shifrin thought Latifah was joking, but the host insisted she was serious. THE ASSOCIATED PRESS

Resto serves wafers

Would you like some salvation with that?

A Chicago restaurant has cooked up a controversial burger of the month, garnishing it with an unconsecrated communion wafer and a red wine reduction sauce. Kuma's Corner, a foodie destination with just a few tables, names its ham-burgers after heavy-metal bands. For October, they chose to name the burger after Swedish band Ghost. Members of the band dress in religious robes and wear skeleton face makeup.

It's in poor taste, said Jeff Young of New Orleans who runs the blog Catholic Foodie. THE ASSOCIATED PRESS



Banksy does New York City

A man photographs a new Banksy work on a side of a wall Thursday in New York City. New work by the mysterious British street artist Banksy has appeared there after he announced a month-long stay. Two of them were quickly vandalized. SPENCER PLATT/GETTY IMAGES

DARTMOUTH DODGE DART - A - THON

ALL NEW DARTS DRASTICALLY REDUCED HURRY IN NOW!

18 ~~40~~ **TO CHOOSE FROM**

FREE Winter Tires

STARTING AT \$57 PER WEEK TAX+FEES INCLUDED

with the purchase of any Dart!

DARTMOUTH
CHRYSLER JEEP DODGE RAM
Where Nova Scotia Comes to Stay!

(902) 469 9050
ddodge.com

WE WILL NEVER BE UNDERSOLD EVER



Peace activist Audrey Tobias, 89, steps out of a Toronto court to speak with journalists Thursday. CHRIS YOUNG/THE CANADIAN PRESS

Census protester won't back down, pleads not guilty

'I am ashamed of my prime minister'

89-year-old objects to U.S. company's involvement in Canadian process; Crown says no lawful excuse for refusal

A defiant octogenarian pleaded not guilty Thursday to criminal charges arising out of her refusal to fill out the 2011 census, and said she would not pay any fine if convicted.

Audrey Tobias, 89, of Toronto, told an Ontario court she agreed with the aims of the census, but objected to the involvement of American arms behemoth Lockheed Martin.

"When I learned that the contract for the information technology was being given to a foreign company, I was shocked," Tobias testified.

"I am ashamed of my prime minister ... who ultimately made the decision. Because of that, I couldn't fill it in."

Tobias is charged with violating the Statistics Act.

The defence maintained

that forcing her to complete the census would violate her freedoms of conscience and free expression.

Judge Ramez Khawly was clearly skeptical as lawyer Peter Rosenthal made his arguments, and wondered aloud what would happen if the court sent a "signal" that it was OK to opt out of the census.

The Crown said Tobias had no lawful excuse for her refusal.

Tobias said she was unconcerned about the consequences of a conviction, which carries a maximum three months in prison. THE CANADIAN PRESS

Two Canadians, entire Greenpeace crew charged

Two Canadians are among those facing prosecution after Russian investigators say they charged the entire crew of the Greenpeace ship Arctic Sunrise with piracy for a protest at a Russian oil platform.

The crew includes Alexandre Paul of Montreal and Paul Ruzicki of Port Colborne, Ont., and the charge they both face can result in a 15-year prison term upon conviction.

Greenpeace denies any wrongdoing and describes the charges as absurd. The mother of one of the Canadians says they make no sense.

"I think we can agree that piracy involves weapons and taking control of another vessel. Greenpeace did nothing like that," Paul's mother, Nicole Paul, said in a phone interview from Pike River,



In this photo taken on Wednesday, the Russian Investigative Committee inspects the Arctic Sunrise near Murmansk, Russia.

DMITRI SHAROV/GREENPEACE/THE ASSOCIATED PRESS

Que.

Nicole Paul said her son has travelled the globe the last seven years to defend his ideals and that he once spent a night in prison in Scotland before being released without charge.

"Nothing has ever happened like this. They're being treated like terrorists."

She said the activists were

protesting peacefully.

In Russia, the Investigative Committee said in a statement that the piracy charge was filed Thursday against 16 members of the crew, including a prominent Russian freelance photographer. The crew's other 14 members were similarly charged Wednesday.

THE CANADIAN PRESS

Cyber attacks

13 members of Anonymous indicted

A federal grand jury has indicted 13 members of the Internet hacking group Anonymous for allegedly carrying out cyber attacks against websites worldwide.

The members are accused of targeting governments, law firms, financial institutions and other institutions.

THE ASSOCIATED PRESS

North of Toronto

Police investigate after 6 severed cat heads found

Cat owners in a community north of Toronto are being warned to keep their pets indoors after a number of severed cat heads were found.

York Regional Police said Thursday there have been six recent incidents in Whitchurch-Stouffville where heads and, in one case, other body parts of

a dismembered cat were found in public locations.

Investigators don't know what the motive behind the dismemberments could be, said Const. Andy Pattenden.

But he said it's believed the dismemberments were done intentionally, adding the heads were all placed within a one-kilometre area in residential neighbourhoods.

The first incident was reported Aug. 12 when a head and two legs were found near a daycare centre.

THE CANADIAN PRESS

DISPOSE OF YOUR HOUSEHOLD HAZARDOUS WASTE PROPERLY

We accept:

- ✓ *paint
- ✓ paint thinners
- ✓ transmission fluid
- ✓ antifreeze
- ✓ herbicides
- ✓ paint strippers
- ✓ oven cleaners
- ✓ degreasers
- ✓ furniture polish & waxes
- ✓ pool chemicals
- ✓ BBQ propane tanks
- ✓ used motor oil
- ✓ gasoline
- ✓ pesticides
- ✓ wood preservatives
- ✓ drain cleaners
- ✓ metal polish & rust removers
- ✓ batteries
- ✓ pharmaceuticals
- ✓ and more with hazardous symbols

We will not accept:

- ✗ Materials containing PCB's (Polychlorinated biphenyls)
- ✗ Bio-medical waste
- ✗ Asbestos
- ✗ Radioactive waste
- ✗ Unidentified compressed gas cylinders
- ✗ Explosives including ammunition
- ✗ Unidentifiable material
- ✗ Commercial, industrial or institutional waste



Please take care when using and disposing of hazardous products. Bring your unwanted Household Hazardous Waste to the Special Depot listed below to be handled by experts.

FOR HRM RESIDENTS ONLY. FALL SPECIAL HOUSEHOLD HAZARDOUS WASTE DROP OFF DAY

Saturday, October 5, 2013
Woodside Ferry Terminal Parking Lot
Atlantic St, Dartmouth

The depot will operate from 9 a.m. to 4 p.m. rain or shine.

Reminder: HRM operates a permanent Household Hazardous Waste Depot at 20 Horseshoe Lake Drive, Bayers Lake Business Park, Halifax.

For HRM Information and Services
call 311 or www.halifax.ca/recycle

HALIFAX
REGIONAL MUNICIPALITY

Gambling group goes all in with online ads

Not ready to fold 'em just yet. Internet poker has been outlawed in the U.S. since 2011, but the casino lobby is betting that can be changed

The thriller *Runner Runner* starring Justin Timberlake and

Ben Affleck opens this weekend and it's already in the centre of the fight over U.S. online gambling regulation.

It might be news to Timberlake and Affleck, but the stars of gambling flick were playing key roles in the fight over online gambling regulation Thursday, before the movie even hit screens.

The American Gambling Association has bought ads on

Looking for new players

"Casino operators now hope to expand another key demographic to their base: young people."

The Stop Predatory Gambling Foundation, on why the AGA is lobbying to legalize online poker, popular with the college set

major websites including Twit-

ter, Facebook and the IMDb movie database framing the film as a "cautionary tale" that points to the need for Congress to legalize online poker. The ads also pop up when people Google the movie's title.

The screenwriters have said their story of a young gambler pulled into the criminal dealings of an offshore poker site was never intended as a political parable. **THE ASSOCIATED PRESS**



Runner Runner, starring Ben Affleck, right, and Justin Timberlake, is not a political parable, say the gambling flick's screenwriters. 20TH CENTURY FOX/THE ASSOCIATED PRESS

That'll teach them?

Students, prof strip to protest new dress code

Students and a professor at a university in southern Hungary took off their clothes in class to protest the new dress code introduced by the institution's president.

The protest was prompted by rules announced this week including a ban on dresses showing too much cleavage, miniskirts, excessive makeup and flip-flops.

THE ASSOCIATED PRESS

Gay rights issue

Girl, 18, pleads guilty to sex with girlfriend, 14

A teen, 18, accused of having sex with her underage girlfriend, 14, Thursday pleaded no contest — essentially conceding the charges without admitting guilt.

Civil and gay rights groups say the teen is being punished for behaviour that occurs at schools across the U.S. without resulting in criminal charges.

THE ASSOCIATED PRESS



Pope follows in the footsteps of the Franciscan friars

Sandals in a style worn by Franciscan friars are displayed for sale in a shop on October 3 in Assisi, Italy. Pope Francis is taking his vision of a church for the poor to the birthplace of his namesake, the Catholic saint who made solidarity with the destitute the focus of his mission. The Pope was set to travel Friday to the Italian hilltop town of Assisi to pray at the tomb of St. Francis and to deliver a much-anticipated speech on his vision for the Roman Catholic Church. MARCO SECCHI/GETTY IMAGES

Fire Prevention Week | October 6-12, 2013

Watch What You Heat

Unattended cooking is a major cause of home fires.

halifax.ca/fireprevention



• Never deep fat fry on the stove top.

• Keep a lid nearby — smother small stove top fires by "putting a lid on it".

• Always use a timer if you are baking or roasting.

• Avoid cooking when under the influence of alcohol or drugs/medications.

• Never use an extension cord with a cooking appliance.

• Have a "kid-free zone" of at least 1 meter (3 ft) around the stove.

• Keep flammable liquids away from heat sources.

• Use oven mitts or potholders when moving hot food.



The wealthiest people in Canada have created their fortunes using three primary methods:

- they are **BUSINESS OWNERS**
- they are **LAND OWNERS**
- or they are **SOPHISTICATED INVESTORS**

You are cordially invited to join
Pinnacle Wealth Brokers for
an alternative investment seminar featuring

A2A Capital Services Canada Inc. & Invico Capital Corporation

Ramada Plaza
Park Place Hotel & Conference Centre
240 Brownlow Avenue
Dartmouth, NS
7:00pm Tuesday October 15, 2013

Leave your wallets at home!

Our events are about **EDUCATION**. Our goal is to introduce you to options that can offer diversity from traditional mutual fund, stock, and bond investments that generate profitable returns.

Space is limited so please RSVP to

marykay.daye@pinnaclewealth.ca
or call 902.835.5071 by October 11, 2013



Working with you to reach the height of financial success.

DISCLAIMER

This information does not constitute a solicitation for sale or purchase of securities. This is not an offering of securities. Offerings are made pursuant to an offering memorandum and only available to qualified investors in jurisdictions of Canada who meet certain eligibility or minimum purchase requirements. The risks of investing are outlined and detailed in the applicable offering memorandum and you must review the offering memorandum in detail prior to investing. Investments are not guaranteed or insured and the value of the investments may fluctuate.



Personnel from RAF 617 squadron based at Lossiemouth, Scotland, take part in War Week Mission Rehearsal Exercise, in preparation for their final Afghanistan deployment. The international community is wondering what Afghanistan will look like after next year's elections. JEFF J. MITCHELL/GETTY IMAGES

Former warlords to run in Afghan election

After Hamid Karzai.

Candidate claims he can unite ethnic groups in war-torn country

Two former Afghan warlords announced Thursday that they will share a ticket — one for president, the other for vice-president — in next year's elections, a vote that will help shape the country's future following the departure of foreign combat troops.

Abdul Rab Rasoul Sayyaf, an influential lawmaker and religious scholar, registered his

candidacy for the presidency for the April 5 election.

Another former warlord, former energy and water minister Ismail Khan, will run as Sayyaf's first vice-president, and a little-known member of Afghanistan's upper house, Abdul Wahab Irfan, as second vice-president.

"We will move to unite Afghanistan. If the nation is together and has the same voice, problems can be solved," Sayyaf said.

Registration expires Oct. 6, and four presidential candidates and their respective vice-presidents have signed up so far.

Healing process

"We will move to unite Afghanistan. If the nation is together ... problems can be solved."

Lawmaker and former warlord Abdul Rab Rasoul Sayyaf

The most prominent is former foreign minister Abdullah Abdullah, who was the runner-up to President Hamid Karzai in the 2009 elections and dropped out just ahead of a runoff vote following allegations of massive fraud in the first round.

Karzai can't run for a third

consecutive term and has not yet endorsed anyone. There are no clear favourites, but speculation in recent days has focused on Foreign Minister Zalmay Rassoul, who may wind up as a consensus candidate, and Karzai's older brother Quayum, who is a businessman and politician.

Billions of dollars in funds pledged to Afghanistan are tied to the government's holding transparent and credible elections, a challenge in a country rife with patronage and corruption and a resilient Taliban insurgency. The Taliban do not recognize the election process.

THE ASSOCIATED PRESS

LOOKING TO MAKE A CAREER CHANGE?

Read
metro work
every
Monday &
Wednesday.

Each year, 200,000 Nova Scotians will experience mental illness or addiction

Is mental health & addictions a priority for your local candidate? Now is the time to ask.

How will your candidate:

- Support and enhance the Nova Scotia Mental Health and Addictions Strategy?
- Address the issue of underfunding of Mental Health & Addictions services
- Ensure government departments continue to work collaboratively to address the needs of those affected by mental illness and addictions?
- Address the housing & poverty crisis for those living with mental illness and addictions issues?

Join us for a Free Public Mental Health Forum
Monday October 7th 10:30am - 3:30pm
Halifax Forum, Bingo Hall

RSVP:
mhcns@ns.aliantzinc.ca • 424-0143 • 1-888-963-3434
www.mentalhealthcoalitionns.info



Vivien Lake: Making a true impact



JENNIFER
TAPLIN

jennifer.taplin@metronews.ca

Sitting on a mat on the floor in a quiet room in Keshen Goodman Public Library, a captive audience of two patiently listens to a young girl read.

It's slow, repetitive, and one of the listeners inevitably falls asleep.

"Poochiel!" says volunteer Vivien Lake, startling awake the little Shih Tzu.

"Can you believe what she just read?"

It's Saturday morning and Lake is helping seven-year-old Esther Moon work her way through a book, unsurprisingly about dogs. Lake is one of eight volunteers in HRM who help out with the Paws To Read program, which offers trained dogs as listening partners for children who find reading a struggle.

And while the dog is in-

evitably the star, it's really Lake who makes the true impact.

"The dog is not judgemental," Lake said. "So the child will be reading and maybe having trouble with a word, and I'll say, 'Poochie didn't quite hear that word ... could you maybe say that again?' Or 'Poochie didn't understand that word ... can you tell him?'"

Many kids pat the dog as they read and are rewarded for their good work with a game or a doggy high-five after the half-hour session. The program runs for five weeks, but Moon's mother Heyjung Cho wishes it was longer. Hailing from South Korea, her two daughters Esther and Emily need some extra help reading.

Lake is "very kind and always tries to understand my kids," Cho said. "She speaks slowly."

A volunteer with the program since 2007, Lake

started with her Dalmatian Zorro. It was a devastating blow when Zorro died just before Christmas 2012. But there were many kids signed up for Paws To Read in both Spryfield and Clayton Park the following month and Lake started taking Poochie. A trained dog under Therapeutic Paws of Canada, Poochie actually belongs to a new mother who didn't have time to volunteer anymore.

"I know it's only a dog, but I thought it would be a way to honour Zorro's memory by continuing on with Paws To Read with Poochie."

Lake said volunteering with Paws To Read combines her favourite things — reading, dogs and kids.

"It's very gratifying for me to see a child at the start barely reading and then at the end of five weeks, they're not running off the encyclopedia or anything, but they're becoming more functional readers."



Vivien Lake sits with Poochie outside the Keshen Goodman Public Library. CONTRIBUTED

Know someone doing something genuinely good?

We're on a mission to share genuine goodness across Canada.

And we need your help.

Nominate someone who's spreading genuine goodness in their community. Because goodness deserves to be shared.

Don't you think? We do.

That's why we're telling one story in our next commercial.

So come on, celebrate the good.

Nominate someone you know at searchforgoodness.ca



Your First Name	Your Last Name
Your Email	
Nominee's First Name	Nominee's Last Name
Nominee's email*	Nominee's City, Province

Nominee's genuinely good story:



I have permission from the Nominee to submit their story, personal information, and photo as set out in the above and confirm compliance with the official rules. *Mandatory

Place in envelope,
and mail to:

Shreddies, 388 King Street West, PO Box
30065 King St. PO, Toronto, ON, M5V 0A3

No Purchase Necessary. Mail-in submission must include a story (max. 250 words) and a photograph of Nominee (max. 4" x 6"), and must be postmarked by November 24, 2013. One prize consisting of opportunity for winning Nominee to appear in a Shreddies commercial (filming around February 2014). Approx. value of prize is \$5,000. Five finalists will be selected based on criteria set out in the Official Rules. Nominator and the Nominee must both be legal residents of Canada (excluding Quebec). 18 years of age or older. Official rules at www.acbdc.com/shreddies.

Market Minute

 **DOLLAR**
96.84¢ (+0.05¢)

 **TSX**
12,735.12 (-103.88)

 **OIL**
\$103.31 US (-79¢)

 **GOLD**
\$1,317.60 US (-\$3.10)

Natural gas: \$3.51 US (-3¢)
Dow Jones: 14,996.48 (-136.66)

Music streaming

Rdio launches free mobile listening

Digital music service Rdio launched its free Internet radio service in the U.S. and Canada on Thursday. For now, the app that works on Apple and Android devices won't play ads between the songs that are randomly picked based on genres, artists, songs or albums.

THE ASSOCIATED PRESS

BlackBerry

Rogers decides not to carry Z30

BlackBerry's latest device will arrive in Canadian stores later this month, but it won't have the support of one of the country's largest carriers. Rogers' decision not to stock the Z30 touch-screen model, which will become available in Canada on Oct. 15, comes as a surprise. THE CANADIAN PRESS



From left, the stars of YouTube channels CTFXC, Charlie Is So Cool Like and Daily Grace. YOUTUBE SCREENGRABS

YouTube gets a film fest

Social media. Buffer Festival aims to bring together web-video stars for inaugural bash

Just weeks after some of Hollywood's biggest names cleared town at the end of the Toronto International Film Festival, the city will soon be host to another barrage of visiting filmmakers attending a multi-day festival. This one is dedicated to the art of YouTube.

The inaugural Buffer Festival, which highlights the work of some of the top creators on Google's video streaming website, comes to Toronto on Nov.

8 and runs for three days.

While not household names, the creators behind the YouTube channels CTFXC, Charlie Is So Cool Like, DailyGrace, The Fine Brothers, Jack's Films, MysteryGuitarMan, Prank vs Prank, Schmoyskoh, IISuperwomanII and What the Buck? each have more than one million subscribers who have signed up to see everything they post online.

"In 2011, YouTube was definitely something that everyone knew about, but I think in 2013 it's something that everybody not only knows about but is starting to respect and the public is starting to become aware of what

a YouTube celebrity is," said St. Catharines, Ont., native Corey Vidal, whose company ApprenticeA Productions is spearheading the festival.

"They know about people like Jenna Marbles and Ray William Johnson, whose names are entering the mainstream, people know that people are building careers off of YouTube."

Vidal is a YouTube veteran himself. He unofficially launched his YouTube career back in 2006 and went pro in 2008, after creating a viral hit with an a cappella tribute to composer John Williams and Star Wars, which is at 18.6 million hits and counting.

THE CANADIAN PRESS

Thinking about a new roof?

Think Metal...

- Energy efficient: cools in summer, warms in winter
- Long lasting, versatile and elegant: many colours to choose from
- 40 year warranty
- More affordable than you may think...

Scotia Metal Products Ltd.
NOVA SCOTIA'S FIRST MANUFACTURER OF METAL ROOFING
Locally Owned & Operated
468-7217 • 1-866-770-7759 • scotiametal.ca



A world-class MBA at the heart of Canada's fastest growing economy.

MBA Information Session

October 8, 2013

5:30 – 7:30 P.M.

Canadian Museum of Immigration at Pier 21
1055 Marginal Road

Register at:

haskayne.ucalgary.ca/mba



UNIVERSITY OF
CALGARY

“Coming from Halifax, I was looking for an MBA that would help advance my career. I chose the Haskayne MBA for its focus on relevant knowledge and practical application, and the opportunities it offered to network with Calgary's thriving business community.”

Grace MacIntyre, MBA student



LIFE HAPPENS BETWEEN COMMERCIALS

It's time to gather around the virtual water cooler for this week's Metro List. Here goes:

1 Shutdown rerun. Is the U.S. government really shut down, or is this just an uncanny re-enactment of a 2003 episode of *The West Wing*, called, naturally, *Shutdown*? Let's hope life imitates art and they get this thing solved before the commercial break.

2 True patriot love for everyone. Not just all "thy sons," as in *O Canada*. Prominent Canadians Margaret Atwood and former PM-for-a-day Kim Campbell want to change the national anthem to "true patriot love in all of us command." Benefits: gender neutrality and one less "thy." Drawbacks: it still doesn't make much sense.

3 Speaking of patriots. The author of *The Hunt for Red October* and *Patriot Games* may have died this week at 66, but Tom Clancy the brand lives on. His 17th novel, *Command Authority*, is due out in time for Christmas, and there's a new movie — *Shadow One* — featuring his main character, Jack



THE METRO LIST

Paul Sullivan

metronews.ca

Ryan, due for release at the same time. The former insurance salesman had 100 million books in print and left a fortune worth \$300 million on the strength of a single plot line: America wins. It's fiction, after all.

4 50 shades of red in the face. Believe it or not, 52,500 people (so far) have signed a petition protesting the selection of screen newcomers Dakota Johnson and Charlie Hunnam to play the heroine and hero of turgid bondage fantasy *50 Shades of Grey*, preferring Alexis Bledel and Matt Bomer instead. Whoever they are. Fans have even put together fake trailers of the two in the lead roles. Alexis Bledel is reported to be flattered and more than a little freaked out to be so

honoured. Imagine how Dakota and Charlie feel: What, we're not kinky enough?

5 Jacques Parizeau, enlightenment philosopher. Even the politically tone-deaf Parti Québécois must realize it's in trouble when the party's notorious grouch emeritus gives

thumbs-down to the proposed charter banning religious dress such as burkas and paraphernalia such as kirpans from the public-service workplace. Even he, who once blamed "ethnic votes" for losing an election, says it goes too far. Although Parizeau is a former PQ premier, that doesn't cut any ice with party brass, who are all shrugging in harmony. They'll "consider" his comments, says a spokesperson, as well as the other 25,000 comments left on the PQ website.

6 Well, she's, like, really old or something. It says something about our health-care system when a hospital sends a 90-year-old blind woman home in a taxi in a rain storm, wrapped in a bed sheet, dressed only in her PJs and slippers, bleeding and alone at 2:30 a.m. Something that cannot be repeated in a family newspaper. B.C.'s Premier Christy Clark expressed concern and Fraser Health authority has apologized to Vivian Fitzpatrick, but really? They should be made to eat hospital food after awakening her at that hour for no reason at all.

Follow The Metro List on Twitter @TheMetroList



ZOOM

Shoo, fly, don't bother me



ALBERTO GHIZZI PANIZZA/SOLENT

Damselflies hold legs in cute picture

These vividly coloured damselflies look like they are on a romantic date, seemingly holding each other while cuddling up with a flower.

Italian photographer Alberto Ghizzi Panizza spotted these cute insects near the River Po in the Po Valley, Italy. He took shots of the damselflies shortly after dawn as they rested on wild flowers. **METRO**

'Jostling for a position to rest'



ALBERTO GHIZZI PANIZZA
Photographer, 38, from Parma, Italy

What is their normal behaviour?

They rest alone on flowers to dry their wings, which get

covered in early-morning dew, so the insects are in fact competing for rights to that resting spot. They look like they are affectionately holding "hands" but in truth the bugs are just jostling for a position to rest.

What does the photograph have to tell us?

Beneath every wildlife photograph is the message that we should always respect nature.

This is a bug's life

- There are 5,000 species of Odonata (damselflies and dragonflies) — the scientific name meaning 'toothed ones' due to the insects' mandibles. They are carnivorous and hunt spiders and tiny fish.

- Odonata look the same as they did in the Jurassic era, about 135 million years ago.

Easytune:

Finally something for the BlackBerry user (Hello? Hello? Are you still out there?). Easytune is a free download that lets users stream their favourite jams, create playlists and share with pals. It's relatively new, so give 'em a break while they work out their kinks.

@shillelaghspub: Dean West - the boot camp drill sergeant from *Maury* for sure lol!

@caitedge: maybe she just needs less people telling her what she needs

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:

Send us your comments: halifaxletters@metronews.ca

Follow The Metro List on Twitter @TheMetroList

THE REWARDS YOU WANT

20X
faster

20X
THE SHOPPERS
OPTIMUM
POINTS®

SATURDAY, OCTOBER 5 ONLY!

WHEN YOU SPEND
\$50 OR MORE† ON
ALMOST ANYTHING
IN THE STORE.

FREE
feels good™


PRICES IN EFFECT SATURDAY, OCTOBER 5 ONLY



The #1 choice of Canadian parents for newborns* is now available up to size 5

20.88
each

PAMPERS SUPER BOXED DIAPERS
Selected Types & Sizes
Limit 4. After limit 22.99
Rest of the week 22.99



ALWAYS SOMETHING
new

*based on sales date

The Haviest New Looks in the Capitol from Covergirl

COVERGIRL
THE HUNGER GAMES:
CATCHING FIRE



© 2013 P&G
TM/©2013 Sesame Workshop

3.88
each

PANTENE HAIR
CARE PRODUCTS
Selected Types & Sizes
Excludes Premium
Limit 4. After limit 4.99
Rest of the week 4.99

2.99
each

IVORY (709mL) or OLAY
(295mL – 400mL)
BODY WASH
Selected Types
Limit 4. After limit 3.99
Rest of the week 3.99

5.99
each

ALWAYS MAXIPADS
(20s – 48s), LINERS
(60s – 120s) or
TAMPAX (40s)
Selected Types
Limit 4. After limit 6.99
Rest of the week 6.99

PRICES IN EFFECT SATURDAY, OCTOBER 5 TO THURSDAY, OCTOBER 10



6.99
each

BOUNTY PAPER
TOWEL 6=8 rolls
Limit 4. After limit 10.99

ALWAYS
SOMETHING
new



11.99
each

DURACELL QUANTUM
AA (12s) or AAA (8s)
ALKALINE BATTERIES
Selected Types & Sizes



2.79
each

HERBAL ESSENCES SHAMPOO,
CONDITIONER (355mL) or
AUSSIE HAIR CARE PRODUCTS
Selected Types & Sizes

3.99
each

CREST WHITENING
TOOTHPASTE
(165mL), ORAL-B
PRO-HEALTH MANUAL
TOOTHBRUSH, CREST
MOUTHWASH (500mL)
Selected Types

QUA117107E

7.49
each

COVERGIRL CLEAN
LIQUID MAKE-UP,
FOUNDATION,
BLUSHER
Selected Types



DISTRICT 1
LUXURY

GET THIS
CAPITOL LOOK AT

SHOPPERS
DRUG MART 

Synopsis

This is a spacey story about medical engineer Dr. Ryan Stone (Sandra Bullock) and astronaut Matt Kowalsky (George Clooney). She's an uptight novice; he's a wisecracking vet on his final mission. It's routine stuff until a debris storm, comprised of bits and pieces of old satellites, crashes into their space shuttle. Stone is knocked "off structure" and drifting through the inky darkness while Kowalsky uses his experience and calm to rescue her. The storm has also knocked their communications offline and they are forced to become Space MacGyvers in order to survive.

- Richard: ••••
- Mark: ••••

Reel Guys

RICHARD
CROUSE AND
MARK BRESLIN



Sandra Bullock is an uptight novice who gets into serious trouble in *Gravity*. CONTRIBUTED

The pull of pretty shots

Gravity. A story of isolation is couched in beautiful cinematography

Richard: Mark, *Gravity* is an ambitious film. From a technical point of view it's a wild outer space adventure, but it is grounded by Ryan Stone's personal story and her search to find meaning in her life. It's not an epic like *2001: A Space Odyssey* or an outright horror film like *Alien*. There are no monsters or face hugging ETs. It's not even a movie about life or death. Instead it is a life-affirming movie about the will to survive.

What did you think?

Mark: Richard, I think the movie is about our deepest fear: the fear of being alone. Sandra Bullock is literally adrift and detached from everything and the effect is powerful. It may take place in space but reminded me of films like *Castaway* and *127 Hours*.

RC: It does have a lot in common with those movies, plus some mind-bending special effects. The isolation of space is well portrayed, the "off structure" sequences are tense and effective and the shots of Bullock drifting in the inky darkness or floating through her space shuttle

are beautiful, like interstellar ballet. As effective as the human story is in *Gravity*, however, I could almost imagine turning the sound down and being content to just watch the pictures. Like Laser Floyd in *Space*. What did you think of Bullock?

MB: She was great; very moving. But it's the cinematography that's the real star. Pure visual poetry. If there were ever a movie that deserved to be seen in 3D IMAX this is it. But the music was kind of overwrought, wasn't it?

RC: It's strange, but I don't really remember the music. There is no sound in space,

I guess. For me the movie is all about the visual beauty. The 17-minute-long uninterrupted shot that starts the film is spectacular and overall the look will make your eyeballs dance, although I wonder though if it isn't just a bit too in love with its technique in places. There's a scene where we see Bullock reflected in one of her own, gravity free, tears. It's a great image but one that feels a bit too clever. It was one of the few times in the film that I thought I was watching a special effect.

MB: I noticed the tears too, although I was just grateful she didn't have a runny nose.

WE WILL SELL YOUR HOME FOR AS LOW AS \$2995 PAID AT CLOSING

WE HAVE SAVED Metro Home Sellers 15.2 MILLION Since 2001!

AsLowAs2995.com

SOLD SELLER SAVED AMOUNTS ARE BASED ON COMPARING WHAT THE SELLER PAID INCLUDING HST TO 6% PLUS HST. ANY COMPARISONS TO A PERCENTAGE COMMISSION, SUCH AS 6%, ARE FOR ILLUSTRATION PURPOSES ONLY. OUR FEE VARIES FOR HOMES OVER \$200,000.00.

Assist 2 Sell
HomeWorks Realty Ltd.

We will sell your home on the MLS® and advertise on Realtor.ca for as low as \$2995. No upfront fees.

FULL MLS® SERVICE Your home advertised on REALTOR.CA CALL 446-3113

✓ No Up Front Fees
✓ No Hidden Admin Fees
✓ Aggressive Social Media Marketing
✓ Install Professional Sign & Lockbox on property
✓ We show the home and host Open Houses
✓ Handle all Paperwork and Closing

Child and Youth Care Worker

Make a dynamic difference in the lives of children and youth who are experiencing personal challenges.

Call now! **1-866-429-3494** **successcollege.ca**

SC **Success College**
Get Ready.

2
SCENE

Machete Kills, but Machete also golfs and rescues dogs



Machete Kills opens next Friday. CONTRIBUTED

Danny Trejo. Despite his rough exterior, this character actor is just a big old teddy bear

LIZ BROWN
liz.brown@metrone.ca

When Hollywood needs someone to play a badass Mexican, the only guy to call is Danny Trejo.

With his craggy face, pony tail and chest tattoo of a sombrero-clad woman, he's the kind of hombre that would make plump pasty Gringos run back to the border on those loco toe-dipping trips to Tijuana.

And he doesn't just have the look for these roles, he's got the résumé too. Highlights include past drug addiction and multiple stints in prison. He spent time in San Quentin in the 1960s and at one point during

a riot threw a rock that struck a prison official — during that time a gas chamber offence.

But he's come a long way from those dark days. The sequel to Machete — his first leading-role film — hits theatres next Friday.

Machete Kills sees Trejo (a.k.a. Machete) in the employ of the quippy U.S. President (Charlie Sheen). His mission? To shut down a psycho billionaire arms dealer (Mel Gibson) intent on blowing up the world.

A 12-step program followed by a series of serendipitous events led Trejo to this new life — it's a change he attributes to the "grace of God."

"Every morning I wake up is an absolute blessing and every night I go to bed is an absolute blessing," he says in a phone interview from his home in L.A.'s San Fernando Valley.

At 69 years old, Trejo's interests have moved from prison brawling to golf and his rescue dogs.

Today, he's supervising a

Giving thanks

"Every morning I wake up is an absolute blessing and every night I go to bed is an absolute blessing."

Danny Trejo reflecting on his life

team of workers who are installing a driving range in his backyard.

"I'm doing a sitcom with George Lopez right now called Saint George and he gave me a set of golf clubs so it's like, 'Let's learn how to golf,'" he says.

There's a pause, a crash and raucous barking.

"HEY! YOU STOP THAT."

In another minute he's back on the line. "I have the most disobedient dogs in the world. I've got six of them. I just rescue them. I think they were all going to the gas chamber too," he laughs.

But back to Machete and all

his other characters, like that knife-thrower in Desperado who takes down Steve Buscemi and almost ends Antonio Banderas.

That scene changed my life. It was so damn cool, I gush.

He laughs again.

"I can throw a knife, but you gotta remember that's movie magic, and (director Robert Rodriguez) is the best at it."

Apparently Machete is better at throwing double-headed axes. "I'm really good at that," he insists.

But for all his tough guy swagger, Machete isn't invincible.

"I had a sword fight with Mel Gibson in this movie and when Robert Rodriguez said, 'Action,' I threw my sword down and he said, 'What's wrong Danny?' and I said, 'I'm not fighting William Wallace, come on, he saved Scotland, are you crazy?'"

To find out who won that brawny battle, you'll have to check out the film on Oct. 11.

Admiral

INBOUND UK CAR INSURANCE

RECOGNIZED IN 2013 FOR:

- Best Workplaces in Canada
- Atlantic Canada's Top 25 Employers
- Nova Scotia's Top Employers

Want more family time?
NOW HIRING
joinadmiral.ca

"A career at Admiral allows me to keep my title as World's Best Mom."

-Elizabeth

October is Breast Cancer Awareness Month!

**During October, purchase a
Babe PINK HAIR EXTENSION
and show your support!**



**Net proceeds will be
donated to
the
Canadian Breast
Cancer
Foundation!**

theheadshoppe
hair & esthetics

18 Convenient Locations! Find yours: www.headshoppe.ca

Tom Clancy had some hate for film's version of his books

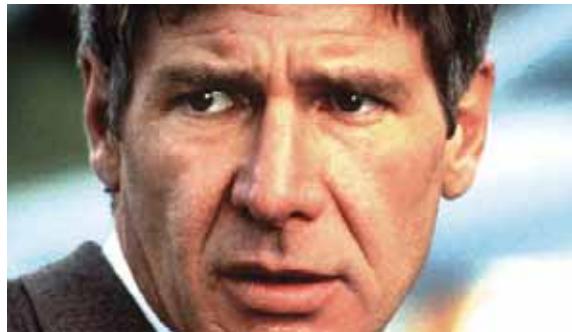
Author regrets.

Deceased thriller writer liked the exposure when his books turned to films, but hated the lack of creative control

Jack Ryan is the sort of American hero that's been a screen staple since the silent era. Harrison Ford, Alec Baldwin and Ben Affleck have all played the fictional CIA analyst, and Chris Pine joins the list when *Jack Ryan: Shadow One* opens on Christmas Day.

The character was Tom Clancy's version of an American James Bond, said Gregg Kilday, film editor for *The Hollywood Reporter*.

Clancy, who died Tuesday at age 66, "wrote these very solid, meat-and-potatoes thrillers," Kilday said.



Harrison Ford was one of many actors who played Jack Ryan. CONTRIBUTED

"They offered up a lot of material that directors and actors could work with in fashioning straightforward, semi-patriotic espionage and action-adventure movies."

Each adaptation was a hit: *The Hunt for Red October*, *Patriot Games*, *Clear and Present Danger* and *The Sum of All Fears*.

But despite the success, the author's relationship

with Hollywood was often contentious.

While he enjoyed the exposure, he regretted the lack of creative control that he had.

"Giving your book to Hollywood is like turning your daughter over to a pimp," he famously said.

"He took potshots at a number of films," Kilday noted.

"He didn't like that mov-

ies like *Clear and Present Danger* and *Patriot Games* didn't simply reproduce the plots of his novels," which were too complex to fit into a two-hour screenplay.

Clancy also criticized Ford's casting in those two films, saying the actor was too old to play Ryan, but appreciated Affleck's portrayal in 2002's *The Sum of All Fears*.

Affleck told the *Los Angeles Times* that Clancy's realism made his books, and their film adaptations, successful.

"When you read one of his books, you had the distinct feeling that he was depicting military or espionage situations exactly as they really are," Affleck said.

"Other spy books feel invented, while his feel like genuine accounts of events that took place but that no one knows about."

THE ASSOCIATED PRESS



Parkland

Director. Peter Landesman

Stars. Zac Efron, Tom Welling, Billy Bob Thornton



Parkland is a character study of the folks who attended to John F. Kennedy in the days following his assassination. From the doctors and nurses at Parkland Memorial (Zac Efron, Colin Hanks and Marcia Gay Harden) to law enforcement officers (Billy Bob Thornton, Ron Livingston) to Lee Harvey Oswald's family (James Badge Dale) to Dallas reporters (Mark Duplass) and the man who took the most famous images of the shooting, Abraham Zapruder (Paul Giamatti), there are so many characters here the actors are forced to fight for screen time to make an impact in this fast moving but ultimately ineffective study.

RICHARD CROUSE

Apps

Gravity: Don't let go



MIND THE APP

Kris Abel
@RealKrisAbel
scene@metronews.ca

iPhone/iPad/Android
Free

In this heart-pounding interactive trailer for the movie *Gravity* you become astronaut Dr. Ryan Stone (Sandra Bullock) and must perform tricky maneuvers to survive a harrowing catastrophe in outer space.



"★★★★½

THE WAIT FOR AN UTTERLY DELIGHTFUL, GROWN-UP ROMANTIC COMEDY IS OVER.

Mara Reinstein, US

Julia Louis-Dreyfus James Gandolfini Catherine Keener Toni Collette Ben Falcone

Enough Said

OFFICIAL SELECTION 2013 TORONTO INTERNATIONAL FILM FESTIVAL

PG LANGUAGE MAY OFFEND

CRITICS' CHOICE AWARDS CRITICS' LOS ANGELES TIMES PICK CRITICS' CHOICE AWARDS CRITICS' PICK TIME OUT CRITICS' CHOICE AWARDS CRITICS' PICK NEW YORK TIMES CRITICS' CHOICE AWARDS CRITICS' CHOICE AWARDS

www.enoughsaidmovie.com

EXCLUSIVE ENGAGEMENT STARTS TODAY!

Check theatre directory or go to www.tribute.ca for showtimes

EMPIRE THEATRES BAYERS LAKE

★★★★★

ONE OF THE BEST FILMS OF THE YEAR.

CINOCHÉ

AN EROTIC COMEDY WHIRLWIND, A STELLAR WRITING/DIRECTING DEBUT FOR JOSEPH GORDON-LEVITT.

ROLLING STONE

A CLEVER, HIGHLY AMUSING LOOK AT SEX, LOVE AND THE PERVERSIVE POWER OF PORN.

TORONTO STAR

JOSEPH GORDON-LEVITT SCARLETT JOHANSSON JULIANNE MOORE

DON JON

WRITTEN AND DIRECTED BY JOSEPH GORDON-LEVITT

f REMSTARFILMS Remstar

NOW PLAYING

THESE PAGES COVER MOVIE START TIMES FROM FRI., OCT. 4 TO THURS., OCT. 10 TIMES ARE SUBJECT TO CHANGE.

Bayers Lake
190 Chain Lake Dr.

2 Guns (14) Digital, Dolby Stereo, Fri-Thu 6:20-9:05
 Battle of the Year (PG) Digital, Fri 7:35-10:15 Digital, Sat 10:15 Digital, Sun-Wed 7:35-10:15
 Captain Phillips (STC) Digital, , Sneak Preview Sat 7
 Cloudy With a Chance of Meatballs 2 (G) Digital, Fri 12:30-3:20-6:15-9 Digital, , Sat-Sun 12:30-3:20-6:15-9 Digital, , Mon-Wed 12:30-3:20-6:15-9 Digital, , Thu 12:30-3:20-6:15-9 Digital, , Fri 12:40-3:40-6:30-9:10 Digital, , Wed 11-12:40-3:40-6:30-9:10 Digital, , Thu 12:40-3:40-6:30-9:10 Digital, , Fri 1:15-3:50 Digital, , Sat-Sun 12:15-3:50 Digital, , Mon-Thu 1:15-3:50
 Gravity (PG) Digital, , Fri-Tue 12:40-3:40-6:30-9:10 Digital, , Wed 11-12:40-3:40-6:30-9:10 Digital, , Thu 12:40-3:40-6:30-9:10 Digital, , Fri 1:15-3:50 Digital, , Sat-Sun 12:15-3:50 Digital, , Mon-Thu 1:15-3:50
 Percy Jackson: Sea of Monsters (PG) Digital, , Fri 1:15-3:50 Digital, , Sat-Sun 12:15-3:50 Digital, , Mon-Thu 1:15-3:50
 The Family (14) Digital, Fri-Wed 12:55-3:30-6:55-9:35, Digital Thu 12:55-3:30-6:55
 The Wizard of Oz (G) Digital, , Fri 12:35-3:25-6:25-9:25

Don Jon (18) Digital, , Fri-Thu 1:05-3:50-7:30-9:45
 Enough Said (PG) Digital, , Fri 1:40-3:45-10:10
 One Direction: This Is Us - Extended Fan Cut (G) Fri-Thu 1:40-4:25
 The Family (14) Digital, Fri-Wed 12:55-3:30-6:55-9:35, Digital Thu 12:55-3:30-6:55
 Gravity (PG) Digital, , Fri-Tue 12:40-3:40-6:30-9:10 Digital, , Wed 11-12:40-3:40-6:30-9:10 Digital, , Thu 12:40-3:40-6:30-9:10 Digital, , Fri 1:15-3:50 Digital, , Sat-Sun 12:15-3:50 Digital, , Mon-Thu 1:15-3:50
 Prisoners (14) Digital, , Fri-Thu 1:10-3:20-6:50-9:20
 Runner Runner (14) Digital, , Fri-Thu 12:50-4:10-7:50-10:10
 Rush (14) Digital, , Fri-Thu 12:30-3:35-7:10-9:55
 We're the Millers (14) Digital, Fri-Thu 1:20-4:20-7:20-9:50
 Insidious: Chapter 2 (14) Digital, Fri-Thu 12:45-4:15-7:05-10:05
 Lee Daniels' The Butler (14) Digital, Fri-Thu 12:35-3:25-6:25-9:25

Metallica: Through the Never 3D (14) , Fri-Thu 7:45-10:15
 One Direction: This Is Us - Extended Fan Cut (G) Fri-Thu 1:40-4:25
 Percy Jackson: Sea of Monsters (PG) Digital, , Fri 1:15-3:50 Digital, , Sat-Sun 12:15-3:50 Digital, , Mon-Thu 1:15-3:50
 Gravity (PG) Digital, , Fri-Tue 1:20-4:20-7:20-9:50, Wed 1:40-4:20-7:20-9:50, Thu 1:20-4:20-7:20-9:50
 Gravity 3D (PG) , Fri 1:20-4:20-7:20-9:50, Thu 1:20-4:20-7:20-9:50
 Rush (14) Digital, , Fri-Thu 12:30-3:35-7:10-9:55
 We're the Millers (14) Digital, Fri-Thu 1:20-4:20-7:20-9:50
 Insidious: Chapter 2 (14) Digital, Fri-Thu 12:45-4:15-7:05-10:05
 Lee Daniels' The Butler (14) Digital, Fri-Thu 12:35-3:25-6:25-9:25

12:35-3:10

Imax
190 Chain Lake Dr.

Gravity: An IMAX 3D Experience (PG) , Fri 1:40-7:30

Oxford Theatre
6408 Quinpool Rd.

Parkland (STC) Fri-Thu 7:9-15
 Rear Window (STC) Sat-Sun 2

Park Lane
5657 Spring Garden Rd.

Battle of the Year (PG) Fri 9:25 Sat-Sun 12:55-9:25 Mon-Wed 9:25
 Battle of the Year 3D (PG) Fri 6:45 Sat-Sun 12:30-3:20-8:50 Mon-Thu 6:20-8:50
 Runner Runner (14) Fri 6:50-9:15 Sat-Sun 12:50-3:20-6:50-9:15 Mon-Thu 6:50-9:15

Captain Phillips (STC) , Thu 8

Rush (14) Fri 6:15-9:10 Sat-Sun 12:40-3:25-6:15-9:10 Mon-Thu 6:15-9:10

The Spectacular Now (STC) Fri 6:30-9:35 Sat 1:10-6:30-9:35 Sun 1:10-4-6:30-9:35 Mon-Wed 6:30-9:35 Thu 9:35

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Rush (14) Digital, , Fri 6:30-9 Digital, , Sat-Sun 2:45-6:30-9 Digital, , Mon-Thu 6:30-9

We're the Millers (14) Digital, , Fri 9:50 Sat-Sun 3:35-9:50 Mon 9:50 Tue 9:50 Wed-Thu 9:50

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Rush (14) Digital, , Fri 6:30-9 Digital, , Sat-Sun 2:45-6:30-9 Digital, , Mon-Thu 6:30-9

We're the Millers (14) Digital, , Fri 9:50 Sat-Sun 3:35-9:50 Mon 9:50 Tue 9:50 Wed-Thu 9:50

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Rush (14) Digital, , Fri 6:30-9 Digital, , Sat-Sun 2:45-6:30-9 Digital, , Mon-Thu 6:30-9

We're the Millers (14) Digital, , Fri 9:50 Sat-Sun 3:35-9:50 Mon 9:50 Tue 9:50 Wed-Thu 9:50

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Rush (14) Digital, , Fri 6:30-9 Digital, , Sat-Sun 2:45-6:30-9 Digital, , Mon-Thu 6:30-9

We're the Millers (14) Digital, , Fri 9:50 Sat-Sun 3:35-9:50 Mon 9:50 Tue 9:50 Wed-Thu 9:50

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Rush (14) Digital, , Fri 6:30-9 Digital, , Sat-Sun 2:45-6:30-9 Digital, , Mon-Thu 6:30-9

We're the Millers (14) Digital, , Fri 9:50 Sat-Sun 3:35-9:50 Mon 9:50 Tue 9:50 Wed-Thu 9:50

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Rush (14) Digital, , Fri 6:30-9 Digital, , Sat-Sun 2:45-6:30-9 Digital, , Mon-Thu 6:30-9

We're the Millers (14) Digital, , Fri 9:50 Sat-Sun 3:35-9:50 Mon 9:50 Tue 9:50 Wed-Thu 9:50

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Rush (14) Digital, , Fri 6:30-9 Digital, , Sat-Sun 2:45-6:30-9 Digital, , Mon-Thu 6:30-9

We're the Millers (14) Digital, , Fri 9:50 Sat-Sun 3:35-9:50 Mon 9:50 Tue 9:50 Wed-Thu 9:50

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Rush (14) Digital, , Fri 6:30-9 Digital, , Sat-Sun 2:45-6:30-9 Digital, , Mon-Thu 6:30-9

We're the Millers (14) Digital, , Fri 9:50 Sat-Sun 3:35-9:50 Mon 9:50 Tue 9:50 Wed-Thu 9:50

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Rush (14) Digital, , Fri 6:30-9 Digital, , Sat-Sun 2:45-6:30-9 Digital, , Mon-Thu 6:30-9

We're the Millers (14) Digital, , Fri 9:50 Sat-Sun 3:35-9:50 Mon 9:50 Tue 9:50 Wed-Thu 9:50

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Rush (14) Digital, , Fri 6:30-9 Digital, , Sat-Sun 2:45-6:30-9 Digital, , Mon-Thu 6:30-9

We're the Millers (14) Digital, , Fri 9:50 Sat-Sun 3:35-9:50 Mon 9:50 Tue 9:50 Wed-Thu 9:50

Cloudy With a Chance of Meatballs 2 (G) Digital, , Fri 9:15 Digital, , Sat-Sun 2:50-9:15 Digital, , Mon-Thu 9:15

Cloudy With a Chance of Meatballs 2 3D (G) , Fri-Thu 6:55

Don Jon (18) Digital, , Fri 6:50

Digital, , Sat-Sun 2:55-6:50 Digital, , Mon-Thu 6:50

Gravity (PG) Digital, , Sat-Sun 3

Gravity 3D (PG) , Fri-Thu 6:40-8:55

Prisoners (14) Digital, , Fri 7:30

Digital, , Sat-Sun 2:35-7:30 Digital, , Mon-Thu 7:30

Runner Runner (14) Digital, , Fri 6:45-9:20 Sat-Sun 2:45-6:30-9:20 Digital, , Mon-Thu 6:45-9:20

Bulat's third album informed by personal loss

New music. Tall Tall Shadow, written using a free-style approach, walks the line between devastating and hopeful

Basia Bulat still has a hard time talking about her recent loss of a loved one, which is perhaps part of why she chose to sing about it.

So it was that the Juno-nominated singer/songwriter found herself grief-stricken and reeling just two months before she was set to record the followup to her standout sophomore record Heart of My Own. She'd already craft-



Juno nominated singer, Basia Bulat.
CHRIS YOUNG/THE CANADIAN PRESS

ed an album's worth of new material, but given the sad recent developments she was

enduring, she tossed aside what she'd written and started again.

And she found the music just poured out of her.

"I wanted to restart and ... really not hold myself back in the singing and the writing, and just see what might come out," the Toronto-based singer said in a recent interview. "It wasn't really, 'Now I'm going to write about this and now

I'm going to write about that.' It was more of a free-form approach to writing.

"One of the songs on the record, It Can't Be You, I was just playing the triangle and singing, whatever came out was the song. It happened really quickly. It wasn't like, 'Hey, let's explore this.' It was literally what was in my heart at the time of writing."

And the resultant record —

Tall Tall Shadow, in stores this week — is appropriately intimate and devastating as one would expect, but also fairly hopeful.

Perhaps that reflects what Bulat says was a liberating recording experience working with producers Tim Kingsbury and Mark Lawson, the former a member of Arcade Fire and the latter a Grammy-winning engineer on that Montreal

band's 2010 smash The Suburbs. Past collaborator Howard Bilerman, another Arcade Fire associate, also contributed.

"I played more of the instruments this time around on this record, and that was in part a conscious decision," she says. "Just to see, can I push myself? How much of this can I do?"

THE CANADIAN PRESS

North of the border



SOUND
CHECK

Alan Cross
scene@metronews.ca

It's an all-Canadian affair this week with two new releases



The Slo/The Balconies

What began as a reasonably mild Toronto (by way of Ottawa) indie pop band has become more rugged and raw — and it suits them very well. Their latest video punctuates that.



However Long/Brendan Canning

A wonderfully gentle song from the Broken Social Scene co-founder from his just-released solo record, You Gots 2 Chill.

NEED MONEY?
✓ No credit checks
✓ Fast approvals
Call 1-866-499-5629
And get cash now!!
www.mynextpay.ca

MoneyProvider.com
\$500 Loan
and more
No credit refused
Fast, easy and secure
1-877-776-1660
www.moneyprovider.com

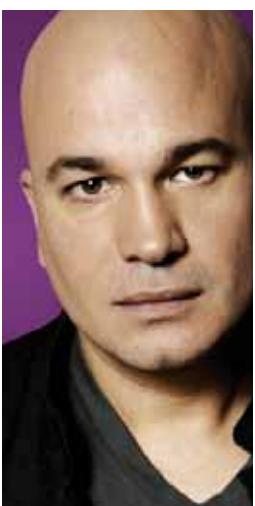
TICKETS ON SALE NOW!

CapitalOne
Just for laughs
Comedy Tour '13

Presented by Holiday Inn Express

Hosted by

DARRIN ROSE **ALONZO BODDEN** **ORNY ADAMS** **ROBERT KELLY**



NOVEMBER 3 • 7 pm • Rebecca Cohn Auditorium

Dalhousie Arts Centre Box Office
902-494-3820 or 1-800-874-1669
artscentre.dal.ca

AND INTRODUCING
BEN SEIDMAN



HAHAHA.COM/COMEDYTOUR

Finales: The good, the bad and the non-existent

Finishing touch. The reaction to the end of series, or lack thereof, can give an indication to how truly great or terrible the show was

Now that the dust (and ricin) has settled from Sunday's *Breaking Bad* finale, it's worth considering what makes a drama series' exit good or bad.

As much as fans may miss *Breaking Bad*, they were able to bid farewell, satisfied that it met its obligations at the end no less than it did every week from the first episode. *Breaking Bad* left the air with a finale that stands alongside the best ever, inventively tying up five seasons of narrative loose ends.

Now what about a bad finale? Easy: *Dexter*, which aired the week before.

It was disappointing, full of holes and a disservice to a series that, against all odds, managed to make a sociopathic serial killer attractive and believable to viewers for eight slice-and-dice seasons. The finale was a contrivance meant to drag the series to the finish line. In only that respect did it succeed.

But not every worthwhile series even gets a finale. In 2010, *Law & Order* concluded after 20 seasons and some 450 episodes, missing a proper goodbye or opportunity for closure. Though it was largely episodic, without the serialized through-line many dramas trade on epically, *Law & Order* and its viewers were denied the ceremony they were due at the end.

Similarly, *Deadwood* fans still grouse that HBO pulled the plug in 2006 after its three seasons with no finale or, despite vague promises by the network, a movie that could wrap up this rich, complex frontier saga.



The finale of *Dexter* after eight seasons left many of the show's viewers disappointed. CONTRIBUTED

The ones that got away

Here are two examples of shows that were left hanging

- **Deadwood.** Fans of the HBO western series were given no closure after three seasons
- **Law & Order.** No finale was given to this drama that ran for 450 episodes

loss of authority as well as his family into witness protection, and a desk job as part of his immunity agreement.

Not only an honest tearjerker, the finale of *Six Feet Under* in 2005 was flawlessly in sync with the series' sensibility. A drama about a funeral home, it had been a five-season meditation on life and death. Fittingly, the finale tracked the life and eventual death of its family of characters. The moral was clear and beautifully drawn: No one is immune. Or course, some finales leave viewers scratching their heads as much as nodding them with pleasure. After six seasons and 120 episodes, *Lost* left the air in 2010 with a rapturous close that provided more comfort and inspiration than hard answers. For one last time, viewers were obliged to get lost in the many dimensions of *Lost*, and did. On its own oblique terms, it worked.

An argument can still be sparked among *Sopranos* fans over what that ending meant. Was the nervous implication (that Tony Soprano was about to be whacked as he dined with his family in a local restaurant) carried out after the

screen went dark? Or had Tony, glancing up, just been acknowledging his daughter Meadow's entrance? Was the scene one of brilliant ambiguity (life goes on, whether or not TV keeps showing it to viewers), or a screwing-around-with-the-audience cop-out?

After all this time, no resolution has ever been arrived at, while, ever since that historic blackout, conflicting views have only hardened. The *Sopranos* got flack (and praise) for an inconclusive ending, and still does. The furious debate proves how good it was.

Breaking Bad (a vastly different show in nearly every way) chose a different kind of ending: Display the complete puzzle with the pieces all in place, letting viewers at last see everything with clarity.

Good finales are recalled and spur conversation for years, as that of *Breaking Bad* is likely to do. Meanwhile, future finales are eagerly awaited, long before viewers are ready to turn loose of the series. For instance, *Mad Men*: What will be Don Draper's destiny? We've got two years to wonder. THE ASSOCIATED PRESS

Spoiler alert

Gilligan tells of choices behind good ending to *Bad*

MELINDA TAUB
Metro World News

And so, it has ended. *Breaking Bad* has gone to the big meth lab in the sky.

Whether things went down as you'd hoped or not, I think we can all agree that the show's ending was a lot more satisfying than, say, *The Sopranos*. Show creator Vince Gilligan says that finality was deliberate.

"We went through a lot of false starts and endings that went nowhere, but we knew we needed to dot all the Is and cross all the Ts," he said on last night's behind the scenes show, *Talking Bad*.

"In some cases unanswered questions are good, but in this case, in a finite

and closed-ended show, we needed resolution. The *Sopranos* ending I thought was great. I thought it was perfect for that show. This story was finite all along. It's a story that starts at A and ends at Z."

Spoilers for the final scenes ahead:

Gilligan also says that, in a way, Walter White got a happy ending. "I think in that last scene (Walt), is with his 'precious,' in Lord of the Rings terms. He's with that meth lab that he and Jesse designed, his baby, so to speak, and the lyrics to the song Baby Blue by Badfinger back that up. And I think he is at peace with himself. He has screwed up his life tremendously and I think he knows that, but he has accomplished the thing he has set out to accomplish." That's the true message of *Breaking Bad*, isn't it? You can accomplish anything if you work hard and believe in yourself.



Jesse and Walt in action in the *Breaking Bad* finale. AP PHOTO/AMC

Discovery Centre
Nova Scotia's Hands-On Science Centre

TANKED

An Atlantic Aquarium Exhibit

GRAND OPENING

October 5 - 6

Touch Tank Shows • Live Demos • Films • Special Events

Sponsored by:

bp

DIVE IN!

Throwing in the acting towel not an option for Plummer

Muhammad Ali's Great Fight. Veteran Oscar winner adores his profession and relished role historical, political boxing drama

Christopher Plummer may be frozen in some filmgoers' memories as the noble-browed patriarch who made stern parenting and anti-Nazism sexy in *The Sound of Music*.

But Plummer and his career aren't mired in the past. Slipping easily from one disparate recent role to another, he's created Leo Tolstoy in *The Last Station*, the haunted magnate in *The Girl With the Dragon Tattoo* and a man experiencing a late-in-life gay awakening in *Beginners*, which earned him an Oscar last year at age 82.

That made him the oldest acting honoree ever, and he's not stopping. He plays a U.S. Supreme Court justice in HBO's *Muhammad Ali's Greatest Fight*, debuting Saturday (8 p.m. EDT), a history-textured film that puts the boxer's quest to be recognized as a conscientious objector against Vietnam War service and the high court in the ring.

"I don't think retirement exists in our profession," said Plummer, looking every bit the star in elegant slacks and jacket, his white hair perfectly groomed. "If you retire, something's gone very wrong with your career is my theory. Also, why would you want to retire?"



Christopher Plummer (right) in HBO's *Muhammad Ali's Greatest Fight*. AP PHOTO/HBO

Plum' role

U.S. Supreme Court justice. The Canadian-born Plummer heads the HBO film as John Harlan II, who was among the justices who decided in 1971 whether Ali's conviction for refusing to be drafted because of his Muslim-based objections should be upheld or overturned.

It's fun to be in this weird, old, ancient, ancient profession."

The story resonated with Plummer because of Ali's anti-war stance — "As he says, 'Why should I fight them (the Vietnamese)? No one over there has called me (the N-word)," Plummer said, quoting Ali — and Harlan's intellectual metamorphosis.

His law clerk, a composite character played by Benjamin

Walker (*Abraham Lincoln: Vampire Hunter* and *Broadway's Inherit the Wind*), persuades him to take a second look at the case after it appears settled.

"One man, because he listened to somebody else, was intelligent and vulnerable enough to change his beliefs. That's hugely dramatic to me," Plummer said.

Although Plummer is part of a very exclusive club whose members each have won Oscar, Emmy and Tony awards, he declines to pick out his most satisfying performance.

"None of them," he responds quickly. "I always feel I can be a hundred times better." Even in the case of an Oscar-winning role?

"Yes, of course, God, yes," Plummer said. "I can go on forever talking about other people's films. But not necessarily mine."

THE ASSOCIATED PRESS



Pencil us in.

NSCC Waterfront Campus

October 16, 23 & 30th and November 6th

9:30 to 11:30 am



If you are unemployed, uninspired, or looking for a new career direction – our **Career Builder Workshops** can help. Four two-hour daytime sessions and \$25 are all it takes to spin your life in an exciting new direction.

Because boredom isn't an option.

To learn more about Career Builder Workshops please contact:

Cheryl MacDonald at 491.1238 or

cheryl.macdonald@nscc.ca or visit:

nscc.ca/careerbuilder

nscc

Your passport to a new career.



Travel & Hospitality Management - a NEW program with endless career opportunities.

Enroll this fall. Be one step closer to the career of your dreams. **Call today**, and see the difference a year will make.

800-320-6408

info@maritimebusinesscollege.com
for more information



CONGRATS ON THE JOB,



Showgirls, Killer Joe and Bound star Gina Gershon plays Donatella Versace. CONTRIBUTED

Tight dresses and lots of cigarettes: Gershon tells the Donatella story

House of Versace.

Showgirls star lost weight, studied the icon in videos and smoked like a chimney for the TV movie

MATT
PRIGGE

Metro World News in NYC

No one will ever say Gina Gershon made scared or inhibited role choices during her career. In the '90s, she threw herself at Showgirls, then followed that up with the lesbian neo-noir Bound. Last year she performed an unprintable NC-17 act on a chicken wing in Killer Joe.

Playing Donatella Versace in the Lifetime movie House of Versace — which premieres this weekend — isn't on par with any of those. But she dives into the part with appropriate relish, nailing the fashion icon's walk and outsized charisma. Gershon took time to talk to Metro about the role.

Some people say you were doing a Donatella Versace impersonation when you were Fabia, the porn star, on Ugly

On her famous co-star

Raquel Welch. I love Raquel. She was the best. And you know what? She knows her lighting. She knows all that stuff. She comes to set and she's ready to go. She's a real professional. I dig her. I couldn't have been happier that she was there.

Betty.

Everyone assumes she was Donatella, but if you look closely you realize she has nothing to do with her. This is the first time I've ever played her.

What was it like playing her seriously, then?

She's a remarkable woman. I think we all are familiar with her larger-than-life personality and her extravagance and her parties. But when I read the book and learned about her redemption story, I thought she was pretty fascinating. I'd have wanted to play this character whether it was Donatella or not.

You've never met her. How did you prepare?

Luckily there's a lot of video on her, and documentaries

where she's getting ready to do a show. There's this one French documentary that I watched obsessively. Any interviews I could read or anything online — anything where I could watch and see her talk and walk. It's all about finding her walk and the way she wears clothes — super high heels, tight skirts, long hair and cigarettes. She has a lot of physicality going on. Her physicality is quite different from mine.

How was doing her accent?

She has a very specific accent. It's very deep and it's very slurry. She has that lazy southern Italian accent. I had to clean it up a little bit for television. Weirdly enough, they want you to be understood on television. But if you're really doing the accent, it should be in subtitles, because half the time you can't understand what she's saying.

What's different about doing a TV movie versus a theatrical film?

Time and money. If you're making a real movie, you have a lot more time and you usually have a lot more money. Although these days, who knows? A TV movie, especially

lifetime, makes them quickly. I found out about it and the next thing I knew we were shooting and next thing I knew it was coming out. To do Donatella's life properly, you'd need a miniseries. There's too much material there.

How were the dresses?

Tight! It was right before summer. I had to do my little Donatella diet. I needed to lose a couple pounds anyway. I had to lose 10 or 11 pounds. It was perfect — right in time for bikini season, so I thank her for that. I was a little mad she smokes as much as she does, because that kind of killed me after awhile.

You weren't smoking real cigarettes, were you?

I was. The fake ones hurt my chest more than the real ones do. There's something in them that my system doesn't agree with. So I just smoked. It's not like I can't smoke. I'm one of those annoying smokers who smokes if I'm drinking. But if you're playing someone who's smoking, you end up smoking a couple packs a day. That wasn't the most pleasant thing. I respect her and like her, but I hope she stops smoking as much as she does.

Nothing better than the real thing: Fact-based films that refuse to fade

Films. From that Stones gig to the man who lived with the bears, Metro's DVD reviewer Peter Howell lists his top films based on reality

PETER HOWELL
scene@metronews.ca

Real life gets split between dramas and documentaries in movie parlance, but in reality it's a tug between brain and heart. You want to believe that the stories you see on screen are actually true, or a close approximation of the truth. But you also want to feel them. To really succeed, these accounts have to resonate within a deep well of universal experience; our collective sense of humanity. Here are my Top 10.

The Right Stuff (1983)

Tom Wolfe's bestselling book about the Mercury Seven astronauts of America's first manned space effort of the early 1960s takes flight in Philip Kaufman's vivid screen adaptation. John Glenn (Ed Harris) and Alan Shepard (Scott Glenn) dominate the brush-cut fly boys, who aren't afraid to stare down a faulty heat shield or a prickly LBJ as they reach for the stars.

Man With a Movie Camera (1929)

Offering a film school's worth of technique in 68 fleeting minutes, this 1929 monochrome silent documentary by Russia's pioneer Dziga Vertov radically points to future cinema while examining the daily lives of ordinary Ukrainians. Film critics voted it the number eight movie of all time in the 2012 Sight and Sound poll.

Gimme Shelter (1970)

Insanity dances to Sympathy for the Devil and wields both knife and gun in this chilling Rolling Stones documentary by the great Albert and David Maysles. The Stones tried to one-up Woodstock by headlining a free 1969 concert at California's Altamont Speedway, but bad planning, rough staging and violent Hells Angels security combined for a

lethal stabbing and a generational reckoning.

The Fog of War (2003, subtitled)

Eleven Lessons from the Life of Robert S. McNamara, Errol Morris's potent inquiry into the mind of former U.S. Defense Secretary Robert McNamara makes for a classic study of regret and reflection. McNamara candidly discusses the tough decisions he made during the Kennedy and Johnson administrations, letting us know just how awful the Vietnam War was and how close we all came to nuclear oblivion during the Cuban Missile Crisis.

Stop Making Sense (1984)

Arguably the best concert film ever, Jonathan Demme's document of the Talking Heads at their rocking peak begins with an empty stage and an air of anticipation. Frontman David Byrne walks on to play Psycho Killer on acoustic guitar, and each new song brings another band member and more equipment. It's a music doc from the ground up, expertly paced and played.

When We Were Kings (1996)

Muhammad Ali and George Foreman went just eight rounds together in their 1974 Rumble in the Jungle championship bout in Zaire, but film director Leon Gast went through 23 years of adversity to get their story on the screen. Money troubles and rights issues forced Gast to keep the raw footage stored on the floor of his New York apartment, but when the time finally came to put it together, he stung like a bee. The result was a powerful account and an Oscar-winning documentary.

Exit Through the Gift Shop (2010)

Documentary or mockumentary? Honest veil-lifter or cynical leg-puller? The British street artist Banksy leaves everybody guessing with this confounding yet entertaining saga that begins with a potted history of modern street art, before morphing into a bizarre account of Mr. Brainwash, a French immigrant in Los Angeles, who may be an inspired image maker — or may just be a complete fraud.



Mick Jagger and The Rolling Stones were the focal point of Gimme Shelter.



Brad Pitt played Jesse James in the factual western classic. ALL IMAGES CONTRIBUTED

Stories We Tell (2012)

Actor/director Sarah Polley grew up hearing complicated whispers about the circumstances of her birth and the free-spirit actions of her mother, Diane. Polley dons a metaphorical Sherlock's cap to inquire into the rumours, a draining process that threatens

documentarian Werner Herzog fashioned into a film both lyrical and horrifying, the true story of a man who, to use the words of Shakespeare, "loved not wisely but too well."

The Assassination of Jesse James by the Coward Robert Ford (2007)

The title may sound like it tells all you need to know about this



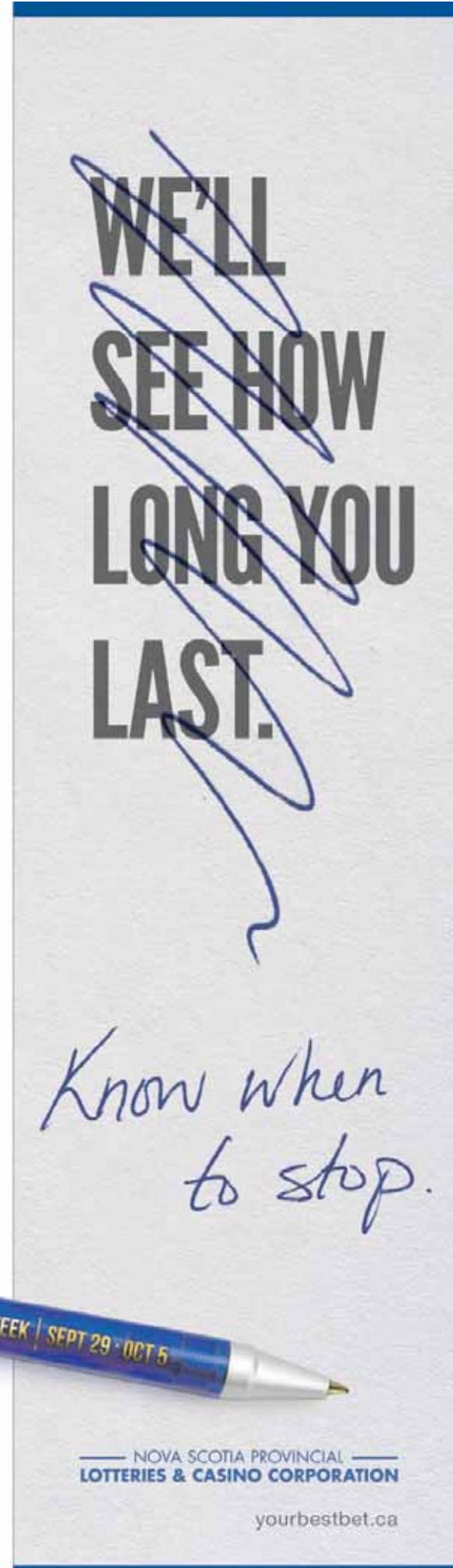
to
put
her at odds
with her family, but which
also yields one of the most
astounding and emotive docs
in recent memory.

Grizzly Man (2005)

Wildlife enthusiast Timothy Treadwell believed that grizzly bears would never hurt a human who truly loved them; he died for this naive assumption. He left behind 100 hours of video footage that ace

infamous Wild West occurrence, but Andrew Dominik's dramatic feature provides much more. It digs deep into the psyches and motivations of charismatic outlaw James (Brad Pitt) and his admirer and antagonist Ford (Casey Affleck), the latter a man undone by jealousy and resentment.

TORSTAR NEWS SERVICE



NOVA SCOTIA PROVINCIAL
LOTTERIES & CASINO CORPORATION

yourbestbet.ca



Liam Hemsworth and Miley Cyrus. ALL PHOTOS GETTY IMAGES

Did Miley make Liam the star he is today? It seems Cyrus would say so

While Miley Cyrus and Liam Hemsworth officially split in September, the breakup reportedly dragged out over four months — with Cyrus guilt-tripping Hemsworth for the bulk of it, according to Radar Online. "She was constantly reminding him that she

'helped make him a star' through their movie, *The Last Song*, and she'd brag that she 'introduced him to the world,'" a source says. "Miley was super-manipulative with Liam and she used the movie to trap and guilt him into staying in a relationship with her."

MELINDA
TAUB
Metro World News

After months of speculation about Amanda Bynes' whereabouts and treatment, her mother Lynn Bynes has spoken publicly for the first time. "I would really like everyone out there to know that almost 99 per cent of the things written about my daughter in various media outlets are false or misleading," Lynn told People in a statement.

Reports have placed

The Word Bynes' parents speak out on misinformed media



Amanda at various treatment facilities since she was placed in her parents' custody this summer, but Lynn went on to explain that the Bynes family had decided not to release any details on Amanda's condition.

"Please know that neither myself or other family members have ever released any information regarding her treatment or diagnosis. We truly believe in keeping our daughter's situation private for now."

Totally understandable. Let us know if you change your mind and would like to satisfy our nosy, inappropriate curiosity. We'll be here.

Sinead O'Connor is worried about Miley Cyrus — at least enough to pen an open letter to the *Wrecking Ball* singer. "I am extremely concerned for you that those around you have led you to believe — or encouraged you in your own beliefs — that it is in any way 'cool' to be naked and licking sledgehammers in your videos," O'Connor writes. "You will obscure your talent by allowing yourself to be pimped, whether it is the music business or yourself doing the pimping. The music business doesn't give a s— about you, or any of us. They will prostitute

Twitter



@lindsaylohan
Givenchy in Paris. IN LOVE with the sequined gowns.



@NiallOfficial
20 minute powernap in the dressin room!



Sinead O'Connor

you for all you are worth and cleverly make you think it's what you wanted, and when you end up in rehab as a result of being prostituted, 'they' will be sunning themselves on their yachts in Antigua, which they bought by selling your body and you will find yourself very alone."



You could

WIN

advanced screening
passes
to see

the right kind of wrong

RYAN KWANTEN SARA CANNING WITH WILL SASSO AND CATHERINE O'HARA

Leo just met
the love of his life.
At her wedding.

the right kind of wrong



IN THEATRES THIS OCTOBER

FACEBOOK.COM/EONEFILMS YOUTUBE.COM/EONEFILMS

No purchase necessary. Terms & conditions apply. For full contest details and conditions, visit clubmetro.com

ATLANTIC
PLAY LAND
PRESENTS:
HAUNTED CASTLE
ENTER IF YOU DARE!
Oct. 4th, 5th, 11th, 12th
Oct. 16th ~ Nov. 2nd
6:30PM ~ 9:30PM
FAMILY FRIENDLY MATINÉE
Oct. 25th, 26th, 27th
12:00NOON ~ 4:00PM

Admission: \$12.00
ADVANCED TICKETS AVAILABLE
www.playland.ns.ca • 902 865-1025

Facebook

Also check out our **Child Friendly Inflatable Haunted Maze**

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Nothing compares
to getting a cautionary
letter from O'Connor

Sinead O'Connor is worried about Miley Cyrus — at least enough to pen an open letter to the *Wrecking Ball* singer. "I am extremely concerned for you that those around you have led you to believe — or encouraged you in your own beliefs — that it is in any way 'cool' to be naked and licking sledgehammers in your videos," O'Connor writes. "You will obscure your talent by allowing yourself to be pimped, whether it is the music business or yourself doing the pimping. The music business doesn't give a s— about you, or any of us. They will prostitute

Twitter



@lindsaylohan
Givenchy in Paris. IN LOVE with the sequined gowns.



@NiallOfficial
20 minute powernap in the dressin room!

\$10 INSTANT SAVINGS + FREE SHIPPING with this offer!

STEAM UP YOUR SEX LIFE!

\$10 INSTANT SAVINGS + FREE SHIPPING with this offer!

(TERRIFIC NEWS FOR YOUR LIBIDO - JUST KEEP READING)

NOW CLINICALLY PROVEN TO IMPROVE WOMEN'S SEX DRIVE!

1. Have you experienced weaker erections for more than 60 days?
2. Have you lost confidence in your sexual ability?

Ladies & Gentlemen you are ready to experience the life-enhancing power of Libexx complex.

Guys... Guess what? Growing old doesn't have to mean growing soft – especially when you hit your 40s, 50s and 60s... the so-called "middle years!"

That's when you can start noticing a change – your sex drive stalls, energy and stamina decline, and your penis stay limp – or only get half-hard when you need it most.

You sexual performance suffers along with your pride and self-esteem – all of which can ruin your relationships – or even destroy your marriage.

Ultimately, you want to stop "Father Time" who is killing your erections and your sex life. And you don't want to resort to drugs, pumps or creams (or even surgery) to run your penis back into the lethal sex weapon it was when you were in your prime.

To get better, longer-lasting erections and stamina in the bedroom (or where you want)... you need a revolutionary supplement that can "reboot" your sex drive and power up your erections.

And to recharge your sex life – no matter what your age – you need something that acts fast. Right when the mood strikes! That is why we have spent millions in research & development to offer this super-efficient potency pill: Libexx Complex.

5 APHRODISIAC PLANTS COMBINED IN ONE SINGLE TREATMENT... ONE SINGLE POWERFUL PILL!

Yes, this is absolutely right! Libexx 100% natural was developed in Europe by top health care

specialists. Its breakthrough formulation contains some of the most potent sex enhancing herbs known to man, including: Aveena Sativa, Wapiti, Horny Goat Weed, Tribulus Terrestris, Maca.

STEP # 1: SUPERCHARGE MEN & WOMEN'S SEX DRIVE! HOW IT WORKS ON THE MASTER SEX HORMONE

Ladies and gentlemen: supercharge your libido with this new improved formula. Now clinically proven to maximize women's libido.

Libexx Complex works to stimulate the hormones in your body that fuel your sex drive.

It ignites your sexual desire so you're ready whenever the mood strikes.

Libexx Complex is scientifically engineered to increase Dopamine, the master sex hormone.

Dopamine is what gets you in the mood. And once Libexx dissolve in your system, its hormonal boosting power goes to work rapidly. It gets you revved up for the best sex of your life.

STEP # 2: SUPERSIZE YOUR ERECTIONS! HOW IT WORKS ON THE BLOOD VESSELS

Libexx Complex gets you HARD... and helps you break free of sexual frustration!

A simple explanation of how it works... As soon as you start getting turned on, there is an increase of blood flow to the veins and arteries in the penis.

LIKE THESE HAPPY CUSTOMERS... GET READY TO FIRE UP YOUR SEX DRIVE!

The blood vessels release Nitric Oxide (N.O.) and your penis begins to swell and get hard.

As more blood that is pumped into the penis, more N.O. is released. More blood + More N.O. equals a harder and longer lasting erection.

It really is that simple... until age kicks in. The problem is that as you get older, your body stops producing enough N.O. Your levels of this vital chemical begin to steadily drop off by between 1 and 2 % each year after the age of the 30.

STEP # 3: SUPERNATURAL STAMINA AND STRENGTH! HOW IT WORKS ON TESTOSTERONE

Libexx Complex promotes superman-like stamina in the bedroom by helping to increase testosterone. It works to give you the quality erection strength and sexual endurance – for nights of pleasure you're partner has dreamed about.

As you age your testosterone levels diminish. By the time you reach 80, it may decline by as much as 70/80% of what it was in your youth. This key hormone is vital for sustaining those hard, vein-popping erections you had in your prime. The lack of testosterone weakens your sex drive, erection strength and staying power.

But Libexx Complex changes all that. It boosts testosterone so you can make love for hours. It helps give you extraordinary stamina and fuels your body for long-lasting strength – in and out



HERE'S GOOD NEWS FOR PEOPLE OF ALL AGES...

- Doctor Methot, France.
- Doctor Variot, Belgium

QUOTES FROM THE NATURAL HEALTH CONFERENCE IN BRAZIL:

"It's by far the most efficient formulation of ingredients found in a pill. This is the proof that a perfect dosage gives a perfect product!" - J.-J. Methot, Sexologist, France.

"For any erection problems, this is the first (and last) natural product to try. Even better than some prescription drugs with dangerous side effects. This is a revolutionary product for all people of my industry." - E. Variot, Naturopath, Belgium.

of the bedroom. Your sexual disappointment and embarrassment will quickly be a thing of the past.

OUR ADVANCED HORMONE-BOOSTING PENILE ENHANCEMENT TECHNOLOGY GIVES YOU VEIN-POPPING, ORGASM-INDUCING... and MUCH MORE!

• TAKE 2 PILLS PER DAY AND SEE RESULTS IN 30 DAYS - OR LESS

- IT'S ALL NATURAL AND SAFE
- NO PRESCRIPTION
- NO SIDE EFFECT.

CALL NOW! 1-855-373-8133 OR ONLINE: www.libexx.com

SOME GUYS GIVE UP - OTHER GUYS GIVE OUT... NOT YOU

You can restore your sexual powers in less than 30 days! - With a simple but extremely potent pill! Wow!

This is now the time to order!

BY PHONE: 1.855.373.8133

Open EST Time: 9h to 18h. Visa & Master Card accepted

BY INTERNET: www.libexx.com

BY MAIL: Complete this order form today.

Yes, I want supernatural stamina and a sex drive that won't quit! Send my order of Libexx in a discreet package.

COMPLETE THIS CONFIDENTIAL ORDER FORM TODAY!

RETURN YOUR ORDER TO:

PHARMA CLINIX
SUITE 1801, 1 YONGE STREET,
TORONTO, ONTARIO M5E-1W7

I have enclosed a cheque(s) cash or money order payable to: PHARMA CLINIX

I want to use my credit card:

No _____ / _____ / _____

Indicate the last 3 numbers on the back of your credit card _____

Exp. Date _____ / _____ Signature _____

Name _____ Address _____ # _____

City _____ Postal Code _____ Prov. _____

Phone _____ Email _____

Your 100% Risk-Free 60 Day Money Back Guarantee

If Libexx Complex doesn't work for you exactly as we have described, and you don't regain the powerful erections you had in your twenties, we will simply refund you. Your satisfaction is 100% guaranteed.

You just have to return the unused portion of the treatment, and you will simply be reimbursed the product in full. (Less shipping and handling fees). There's absolutely no risk on your part. Pharma Clinix Distribution wants you to improve your sex life and take advantage of this special offer in full confidence. (Zurich-Switzerland, 2012 Copyright.)

MHD41013

Add a little Italian to your seafood stew

Cioppino. This version of the savoury dish tastes just as good as the original, but without all the fat



ROSE REISMAN
For more, visit rosereisman.com or follow her on Twitter @rosereisman

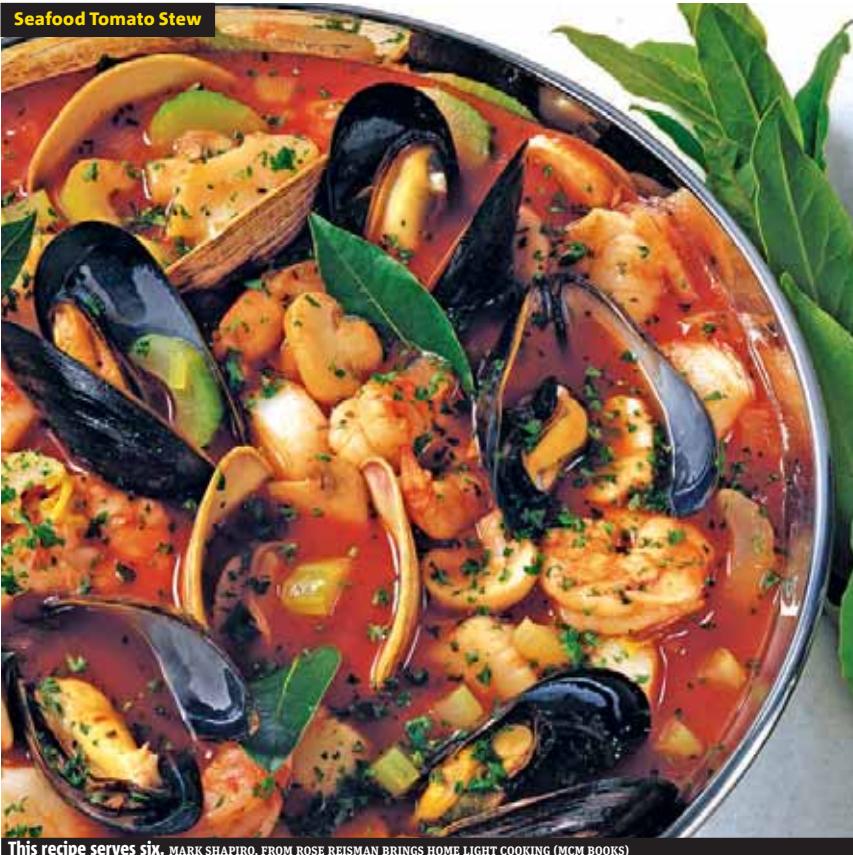
This is the standard Italian soup dish called cioppino, but a little lighter on the calories and fat. One serving contains only 238 calories, six grams of fat and 33 grams of protein.

Not a fan of white fish? Feel free to use any combination of seafood (shrimps and scallops

Ingredients

- 1 tbsp vegetable oil
- Half medium onion, chopped
- Half celery stalk, chopped
- 1 tsp crushed garlic
- 1/4 lb mushrooms, sliced
- 2 cans tomatoes (each 19 oz), chopped and drained
- 2 tbsp tomato paste
- 1/3 cup white wine or fish stock
- 1 tsp dried oregano
- 1 1/2 tsp dried basil
- 2 bay leaves
- 24 mussels
- 1/2 lb shrimp, peeled and deveined
- 1/2 lb scallops
- 1/2 lb firm white fish (cod, halibut, haddock), cut into bite-sized pieces
- Chopped fresh parsley

Seafood Tomato Stew



This recipe serves six. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT COOKING (MCM BOOKS)

work well) or fish for a great one-dish meal served with a salad or some Italian crusty bread.

1. In a large nonstick saucepan, heat oil; sauté onion, celery, garlic and mushrooms until softened, approximately 5 minutes.

2. Add tomatoes, tomato

paste, wine, oregano, basil and bay leaves; cover and simmer for 25 minutes, stirring occasionally.

3. Scrub mussels under cold water; remove any beards. Discard any that do not close when tapped.

4. Add mussels, shrimp, scallops and fish to pot; cover and cook for 5 to 8 minutes or until mussels open, shrimp are pink and scallops and fish are opaque. Discard any mussels that do not open. Discard bay leaves. Serve immediately.

RECIPE COURTESY OF ROSE REISMAN
BRINGS HOME LIGHT COOKING BY ROSE REISMAN (MCM BOOKS)

Liquid Assets

Pairing wine with seafood



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

As a proud Maritimer I know my way around a feed of anything that swims, crawls or attaches itself to a rock in the ocean.

As a wine guy, I'm also aware the term "seafood" casts a huge net, gathering hundreds of flavour profiles that make choosing one liquid partner to satisfy them all nearly impossible.

Of course your favourite aquatic inhabitant rarely gets served alone, so consider everything on the plate when looking for a wine mate.

While today's feature recipe may include more fish than an episode of Jacques Cousteau, it's really the tomatoes that put their stamp on the dish.

Though tomatoes can make a temperamental marriage with wine, seafood stew offers a robust-enough personality to go head-to-head with a red offering good acidity and subtle flavours.

An Italian Chianti is a great choice, as would a New World pinot noir. Mirassou Winery's 2011 Pinot Noir (\$12.99 - \$14.99) from California is ripe, round and fish-friendly with more than enough grip to tame the influential tomato base.

PETER ROCKWELL
IS THE EVERYMAN'S
WINE WRITER; FACEBOOK.COM/THEREALWINEGUY



Legendary brunch!

Saturday, Sundays and Holidays
from 10 AM - 3 PM

All the classics!

Including Eggs Benny,
Breakfast Specials, Omelette and
Breakfast Skillets!

www.yourfathersmoustache.ca • (902) 423-6766
5686 Spring Garden Rd. • Halifax, Nova Scotia



TOP SIX@6

- 6 Hedley Anything
- 5 Lorde Royals
- 4 Avicii Wake Me Up
- 3 Drake Hold On, We're Going Home
- 2 Miley Cyrus Wrecking Ball
- 1 Katy Perry Roar

Weeknights at 6 KB counts down the HOTTEST songs of the day

101.3
THE BOUNCE



101.3TheBOUNCE.com | info@1013thebounce.com

DIY Thanksgiving

Style gurus Steven Sabados and Chris Hyndman are getting ready for the Thanksgiving holiday and shared these easy, cost-effective DIY projects to help you get into the festive spirit. For more Thanksgiving tips, watch Steven and Chris weekdays at 2 p.m. on CBC.

ALL PHOTOS AND TEXT PROVIDED BY STEVEN AND CHRIS



Pumpkin Alexander cocktail

The wonderful fall flavours that we savour at Thanksgiving need not end once dinner has been devoured. The delicious taste of pumpkin can add an interesting festive twist to a classic Brandy Alexander cocktail.

- 1.5 oz brandy
- 0.5 oz amaretto
- 2 oz crème
- 3 tsp canned pumpkin pie filling
- Nutmeg
- Cinnamon

Method:

1. Drop some crushed ice into a shaker.
2. Add brandy, amaretto, crème and canned pumpkin pie filling.
3. Secure the shaker lid on the shaker.
4. Shake away!

5. Pour the frothy cocktail into a martini glass and garnish with grated nutmeg and cinnamon.



Birch candlestick holders

Birch logs are a chic addition to your fall decor and are often found in robust autumn planters. Incorporate a touch of this rustic elegance into your fall tablescape with these beautiful birch log candlestick holders.

- Saw
- Birch logs
- Drill & spade bit
- Candles

Method:

1. Saw your birch log into varying heights.
2. In the centre of each log drill a hole, approximately one inch in depth (Note: Use a spade bit that is the same width as your taper candle — we used a 3/4-inch bit).
3. Add felt pads to the bottom of all your

log rounds.

4. Add your candles to the log holders and display in a cluster for a fun centrepiece.



SONY α make.believe presents Touch

Use the Universal Language. Join the Metro Photo Challenge 2013

Enter your photos in any of the six sense-categories and have the chance to explore West Africa with Metro and Reach for Change as our photo reporter.



REenvision project

Your Community. Your Police Service. Your Say.

Help REenvision your police service

Halifax Regional Police (HRP) is embarking on a strategic planning initiative that will support, direct and guide us for the next decade of policing throughout HRM. We realize that as our community grows and evolves over the next 10 years, our role, services and approaches will need to change. **We need your input** to ensure that we are moving in the direction that will best serve your needs and the needs of all communities.

There are lots of ways to have your say:

1. Complete our online survey
halifax.ca/reenvisionhrp
2. Email your feedback
reenvisionhrp@halifax.ca
3. Talk to us on social media
facebook.com/HalifaxRegionalPolice
twitter.com/HfxRegPolice
4. Mail your feedback
The REenvision Project
Attn: Public Relations
Halifax Regional Police
1975 Gottingen Street
Halifax, Nova Scotia
B3J 2H1

halifax.ca/reenvisionhrp



Huskies defensive back Jonathan Langa tackles Axemen running back Thomas Troop during the teams' last matchup at Huskies Stadium on Sept. 6. JEFF HARPER/METRO

Huskies' defence setting bar high

Football. AUS's all-time sack leader Jubenville is dominating again, and plans to make this year count



ANDREW
RANKIN

andrew.rankin@metronews.ca

Rob Jubenville is simply good at what he does.

Very good.

In fact, the Saint Mary's Huskies defensive lineman stands as Atlantic University Sport's all-time career sacks leader. Just last Friday, in the Huskies' 25-13 win over the St. Francis Xavier X-Men, he added four more, the second-

Quoted

"I'm just soaking it all in. I love being on the field, game day. That's what I'll miss, getting out there and making the plays."

Huskies defensive lineman Rob Jubenville

highest single-game total in AUS history, not to mention his 5 1/2 tackles.

When it comes to the art of sacking, the six-foot, 257-pounder attributes much of his success to his time spent at the Winnipeg Blue Bombers' training camp last year.

There he fine-tuned his skills and techniques: getting off the ball, his explosiveness.

"It also has a lot to do with hard work," he said.

Jubenville anchors Coach Perry Marchese's trusted de-

fence, which has allowed the least amount of passing and rushing yards in the AUS this season.

"We're all tight," said Jubenville. "I know they have my back; I have theirs. We trust each other."

In his fifth and final year with the Huskies, he's looking to make this season count.

"I have to make the most of it; I don't have any more years of eligibility."

On Saturday at 2 p.m., Jubenville and Co. are putting

their 2-2 records on the line against the Acadia Axemen (2-2) at Huskies Stadium.

His teammate Richard Akiki has no doubt he'll bring his A-game.

"In my three years playing here, I haven't seen a better player than him," the offensive lineman said.

"I think he's the best player probably ever to play at that position wearing this jersey. You see the numbers and the type of leadership he brings to this team."

In such a competitive conference, Akiki said every game counts, which is why he's preparing for an all-out battle.

"We just approach each game like it's a playoff game; it's week-to-week with the teams so close. Every game is essentially a playoff game."

NBA

Raptors land in Halifax for camp

The Toronto Raptors have arrived.

The full roster of Canada's only NBA franchise touched down in Halifax Thursday afternoon in preparation for their two-day training camp stint in the port city.

On Friday, the team will hold a morning practice (10 a.m. to noon) and an evening practice (6 p.m. to 8 p.m.) at the Canada Games Centre, which are both closed to the public.

The Metro Centre will play host to an intra-squad game Saturday at noon, where fans will have a chance to see the team's full roster.

A group of Raptors players are expected to lead a one-hour anti-bullying session with students at Fairview Junior High School on Friday from 11 a.m. to noon. They'll be joined by provincial anti-bullying coordinator Kathleen Richard.

This is the second year in a row that the Raptors have held a portion of their training camp in Halifax. METRO

Patrick Roy

Avs coach fined for defending MacKinnon

Patrick Roy was fined \$10,000 by the NHL on Thursday for his emotional outburst the night before in his Colorado Avalanche coaching debut.

Soon after the final horn of a 6-1 win, Roy yelled at Anaheim coach Bruce Boudreau and then pounded on the glass partition separating the two benches. Roy was livid over a late knee-to-knee hit on rookie Nathan MacKinnon.

Roy said he will "always defend my players." He was far from pleased with Boudreau, who took exception to Roy talking to his players and referees. Roy said: "What Boudreau said was all lies.... When you're lying, this is classless."

THE ASSOCIATED PRESS



Avalanche coach Patrick Roy
GETTY IMAGES

AUS football. Axemen coach looking for revenge

Jeff Cummings knows his team is a lot better than what it showed on Sept. 6.

The head coach of the Axemen watched his club fall 14-11 to the Huskies in a sloppy affair at Huskies Stadium.

A bad snap eventually led

to a turnover and then a decisive Huskies touchdown. It still doesn't sit well with him.

"We didn't show our best selves last time we played here," said Cummings. "We have to prove that we're a better football team than what

we showed in Week 1. We've gotten better in the last four weeks and we're excited to play; our guys are pumped up to play."

The Axemen have won their last games against the Mount Allison Mounties and X-Men by

a combined score of 80-20.

But Cummings is taking nothing for granted.

"Hopefully we can move the ball a lot better this time, but that's a very good defence that Saint Mary's has," he said.

ANDREW RANKIN/METRO

Penguins push past Devils in home opener

NHL. Fleury passes opening test in trying to reclaim status as Pittsburgh's No. 1 goalie

Marc-Andre Fleury stopped 28 shots for his 250th NHL victory and franchise-record 24th shutout, and Sidney Crosby scored in Pittsburgh's two-goal first period to lead the Penguins to a 3-0 victory over the New Jersey Devils on Thursday night in the season opener for both teams.

Chuck Kobasew and Craig Adams added goals for the Penguins, who took control



The Penguins celebrate Sidney Crosby's goal in Pittsburgh's home opener on Thursday. GETTY IMAGES

early. Kobasew and Crosby scored less than four minutes apart in the first, and Adams

made it 3-0 midway through the third to celebrate his 800th career game in style.

Cory Schneider made 18 saves for the Devils. Schneider's start marked the first time in 19 years Martin Brodeur didn't play in the season opener for New Jersey. Brodeur is expected to start Friday at home against the New York Islanders.

The Penguins stuck with the former No. 1 pick Fleury following a second straight flameout in the playoffs against the Boston Bruins last spring, believing he and veteran Tomas Vokoun made up the best tandem in the league.

THE ASSOCIATED PRESS



Burnett, Bucs bomb in St. Louis

Pittsburgh Pirates starter A.J. Burnett pitches during the first inning of the National League Division Series opener against the Cardinals on Thursday in St. Louis. Burnett gave up seven runs in the third and the Pirates lost 9-1 in Game 1. CHARLIE RIEDEL/THE ASSOCIATED PRESS

NHL

Bruins shut down Bolts for win No. 1

The Boston Bruins' season was only eight minutes old when forward Chris Kelly skated in alone toward Tampa Bay goalie Anders Lindback on a short-handed rush.

A stick in the gut prevented him from getting off a clean drive, but it earned him the first penalty shot

of his career. He converted, and Patrice Bergeron also scored a short-handed goal on Thursday night as the Bruins opened the defence of their Eastern Conference championship with a 3-1 victory over the Lightning.

"Not in a million years did I think it was our power play that would let us down," Lightning captain Martin St. Louis said. "We were slow-reacting, and stubborn."

It was the first time in NHL

history that a team scored its first goal of the season on a penalty shot, according to the Elias Sports Bureau. The Lightning went 0-for-5 on the power play, failing to score on a pair of 5-on-3 advantages, while allowing the two short-handed goals.

On the night before the Red Sox open the ALDS against the Rays, Boston got an early jump on Tampa Bay thanks in part to 32 saves by Tuukka Rask.

THE ASSOCIATED PRESS

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	4	0	0	1.000	89	57
Miami	3	1	0	.750	91	91
N.Y. Jets	2	2	0	.500	68	88
Buffalo	2	3	0	.400	112	130

NORTH

	W	L	T	Pct	PF	PA
Cleveland	3	2	0	.600	101	94
Baltimore	2	2	0	.500	91	87
Cincinnati	2	2	0	.500	81	81
Pittsburgh	0	4	0	.000	69	110

SOUTH

	W	L	T	Pct	PF	PA
Indianapolis	3	1	0	.750	105	51
Tennessee	3	1	0	.750	98	69
Houston	2	2	0	.500	90	105
Jacksonville	0	4	0	.000	31	129

WEST

	W	L	T	Pct	PF	PA
Denver	4	0	0	1.000	179	91
Kansas City	4	0	0	1.000	102	41
San Diego	2	2	0	.500	108	102
Oakland	1	3	0	.250	71	91

WEEK 5

Thursday's result

Cleveland 37 Buffalo 24

Sunday's games

Seattle at Indianapolis, 1 p.m.

Jacksonville at St. Louis, 1 p.m.

New England at Cincinnati, 1 p.m.

Kansas City at Tennessee, 1 p.m.

Wednesday's results

Washington 5 Calgary 4 (SO)

Boston 3 Tampa Bay 1

Pittsburgh 3 New Jersey 0

Los Angeles 3 Minnesota 2 (SO)

Florida 4 Dallas 2

St. Louis 4 Nashville 2

NY Rangers at Phoenix

Vancouver at San Jose

Friday's games

Toronto 3 Philadelphia 1

Detroit 2 Buffalo 1

Colorado 6 Anaheim 1

Saturday's games

Calgary at Columbus, 7 p.m.

Detroit at Carolina, 7 p.m.

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Dallas	2	2	0	.500	104	85
Philadelphia	1	3	0	.250	99	138
Washington	1	3	0	.250	91	112
N.Y. Giants	0	4	0	.000	61	146

NORTH

	W	L	T	Pct	PF	PA
Detroit	3	1	0	.750	122	101
Chicago	3	1	0	.750	127	114
Green Bay	1	2	0	.333	96	88
Minnesota	1	3	0	.250	115	123

SOUTH

	W	L	T	Pct	PF	PA
New Orleans	4	0	0	1.000	108	55
Carolina	1	2	0	.333	68	36
Atlanta	1	3	0	.250	94	104
Tampa Bay	0	4	0	.000	44	70

WEST

	W	L	T	Pct	PF	PA
Seattle	4	0	0	1.000	109	47
San Francisco	2	2	0	.500	79	95
Arizona	2	2	0	.500	69	89
St. Louis	1	3	0	.250	69	121

Baltimore at Miami, 1 p.m.

New Orleans at Chicago, 1 p.m.

Philadelphia at N.Y. Giants, 1 p.m.

Detroit at Green Bay, 7 p.m.

Carolina at Arizona, 4:05 p.m.

Denver at Dallas, 4:25 p.m.

San Diego at Oakland, 4:25 p.m.

Houston at San Francisco, 8:30 p.m.

WEEK 6

Thursday's results

Washington 5 Calgary 4 (SO)

Boston 3 Tampa Bay 1

Pittsburgh 3 New Jersey 0

Los Angeles 3 Minnesota 2 (SO)

Florida 4 Dallas 2

St. Louis 4 Nashville 2

NY Rangers at Phoenix

Vancouver at San Jose

Friday's games

Toronto 3 Philadelphia 1

Detroit 2 Buffalo 1

Colorado 6 Anaheim 1

Saturday's games

Calgary at Columbus, 7 p.m.

Detroit at Carolina, 7 p.m.

Sunday's games

Ottawa at Buffalo, 7 p.m.

NY Islanders at New Jersey, 7 p.m.

Los Angeles at Winnipeg, 8 p.m.

Nashville at Colorado, 9 p.m.

WEEK 7

Thursday's results

Washington 5 Calgary 4 (SO)

Boston 3 Tampa Bay 1

Pittsburgh 3 New Jersey 0

Los Angeles 3 Minnesota 2 (SO)

Florida 4 Dallas 2

St. Louis 4 Nashville 2

NY Rangers at Phoenix

Vancouver at San Jose

Friday's games

Toronto 3 Philadelphia 1

Detroit 2 Buffalo 1

Colorado 6 Anaheim 1

Saturday's games

Calgary at Columbus, 7 p.m.

Detroit at Carolina, 7 p.m.

Sunday's games

Ottawa at Buffalo, 7 p.m.

NY Islanders at New Jersey, 7 p.m.

Los Angeles at Winnipeg, 8 p.m.

Nashville at Colorado, 9 p.m.

WEEK 8

Thursday's results

Washington 5 Calgary 4 (SO)

Boston 3 Tampa Bay 1

Pittsburgh 3 New Jersey 0

Los Angeles 3 Minnesota 2 (SO)

Florida 4 Dallas 2

St. Louis 4 Nashville 2

NY Rangers at Phoenix

Vancouver at San Jose

Friday's games

Toronto 3 Philadelphia 1

Detroit 2 Buffalo 1

Colorado 6 Anaheim 1

Saturday's games

Calgary at Columbus, 7 p.m.

Detroit at Carolina, 7 p.m.

Sunday's games

Ottawa at Buffalo, 7 p.m.

NY Islanders at New Jersey, 7 p.m.

Los Angeles at Winnipeg, 8 p.m.

Nashville at Colorado, 9 p.m.

WEEK 9

Thursday's results

THE ABIGAIL
Apartment Residences I • II • III
Enjoy magnificent views, light-filled open concept suites and quality finishes at our premier of three apartment residences - The Abigail I.
Call 402-2591

view sweet view



NOW LEASING FOR JULY
56 JACOB LANE, BEDFORD www.universalproperties.ca

HARBOURVISTA APARTMENTS

One and Two Bedroom Apartments from \$900/Month.
Includes infloor heating, h/w, balcony, 6 appliances.

Occupancy NOW
to November 1st.
ONE MONTH FREE RENT

5 corners near downtown. Harbourvista Apts.

222 Portland St • 809-2221 • www.harbourvista.ca

**NEW
BUILDING**

Sullivan Suites
55 Dahlia St, Dartmouth
Fully Furnished Bachelor Apts
Includes all utilities, Stove, Fridge, Microwave, TV, Cable, Wireless Internet, Dishes, Linens, etc.
Free in/outdoor Parking.
\$795 /month
Novacorpproperties.com • 830-5539


610 Washmill Lake Dr.
6 Appliances, granite kitchen counter-tops, fitness and party rooms, heat and hot water inc. Underground parking, storage lockers.
293-2933
halifaxapartments.ca


Brand New Building Now Leasing
The Bentley at Mount Royale | **CALL SANDI 488-7368**
FOR APPOINTMENT TO VIEW
16 Bently Drive (Corner of Washmill Lake Drive)

www.wmapartments.ca

NEED COOL DESIGN TIPS?
Read **metrohome** every Thursday.


The Eagleview

Now Leasing for Dec. 1st Occupancy
Located near Burnside minutes from downtown Halifax and Dartmouth.
• Spacious 2 Bedroom Suites
• 5 Stainless Steel Appliances
• Fitness Room
• Dynamic Views
• Quality Finishes
• Heat & Hot Water Included
• Indoor Parking
902 431 7006
Rentals.eagleview@gmail.com
Eternity Developments

**BRAND NEW
BUILDING**

Premium Amenities

- * Spacious 1, 2, & 3 Bedroom Suites from 995 to 2170 sq. ft.
- * Large Balconies
- * Six Full Size Appliances Including Self Cleaning oven
- * Granite Countertops
- * Guest Suite
- * Fitness Room
- * Deluxe Tenants Lounge
- * Rooftop Terrace
- * Underground Parking
- * A/C in Common Areas
- * Indoor Car Wash Bay

6 Floors of Breathtaking Views & the Latest in Luxury

The Huntington at 58 Holtwood Court
Now Renting for November 1, 2013
BRAND NEW BUILDING

Luxurious Living On The Peak Of Mount Hope **830-7595** info@blueiron.ca
Blue Iron Developments Ltd.

WOW!
\$1000 Move In Incentive!*
Newly renovated 1, 2 & 3 BR units
Starting at just \$600
Clean and spacious apartments.
Located on Rolieka Dr & Churchill Court in Dartmouth. Comfortable walking distance to shopping, dining and banking. Short drive to Mic Mac Mall and Dartmouth Crossing. On Metro Transit Bus Routes #10 & #54
Call 902-830-1296
or email pinegreenpark@hotmail.ca
for more details.
*To new qualified tenants



UNIVERSAL PROPERTIES



Preview a great selection of apartments online
www.universalproperties.ca or call us:
425-8877

Read
 metro® your money
every Tuesday
 for financial tips,
 trends and advice.

Only in Metro.
 News worth sharing.



Harbour View Apartments: Close to DAL and SMU.

Living at Harbour View Apartments offers a host of benefits that most apartments in Halifax simply cannot match. You will find everything you need and much, much more. Start your school year at Harbour View and enjoy our free fitness centre and wireless study area.

Located just north of the downtown core. These apartments for rent in Halifax consist of three high rise towers (16-18 storeys), townhouse units and a six unit heritage building.

On-site amenities include:

Fitness centre Convenience store
 Free wireless study area Parking Available
 Laundry facilities All units feature balconies

One Month Free!

1 bdrm starting at \$850
 2 bdrm starting at \$950
 3 bdrm starting at \$1025
 2, 3, 4 bdrm townhomes
 \$1025 - \$1250

902-334-0489

Rental Office: 2334 Longard Plaza

www.caprent.com

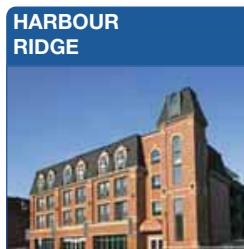
realstar management

Visit one of our properties
 today to find your next home

it's your home.

Ask About Our
 Rental Incentives!
Daily Open House

For more information on
 Realstar and Realstar properties
 visit us at www.realstar.ca



HARBOUR RIDGE
 1663 Brunswick Street
 Halifax
 1 BR, 2 BR, 2 BR Large
 1-866-957-7054



GARRISON WATCH
 5536 Sackville Street
 Halifax
 2 BR, 2 BR Large
 1-866-941-5987



CUNARD COURT
 2065 Brunswick Street
 Halifax
 1 BR, 2 BR
 1-888-649-3721



WEXFORD APARTMENTS
 105 Baker Drive
 Dartmouth
 2 BR, 2 BR Large
 1-888-696-9184



BAKER ARMS APARTMENTS
 144 Baker Drive
 Dartmouth
 2 BR
 1-866-947-5956



BEDFORD HEIGHTS
 22-40 Bedros Lane
 Bedford
 2 BR, 2 BR Large
 1-888-698-1430



STONECREST VILLAGE
 80 Chipstone Close
 Clayton Park
 1 BR, 2 BR, 2 BR Large
 1-888-551-3754



SPRING GARDEN APARTMENTS
 5770 Spring Garden Road
 Halifax
 Bachelor, 1 BR, 2 BR
 1-888-472-1299



MACDONALD APARTMENTS
 5885 Cunard Street
 Halifax
 Bachelor, 1 BR, 2 BR
 1-888-695-9124



HALIFAX APARTMENTS THE PLAZA
 1881 Brunswick Street
 Halifax
 1 BR, 2 BR, Furnished Suites
 1-888-724-4432



HALIFAX APARTMENTS SCOTIA TOWERS
 1991 Brunswick Street
 Halifax
 1 BR+den, 1 BR, 2 BR
 1-888-510-4698



HALIFAX APARTMENTS MACKENIE TOWERS
 2001 Brunswick Street
 Halifax
 1 BR
 1-888-871-3842

Professionally managed by Realstar

**For those without a Metro, the forecast calls for
 "I dunno" with a slight chance of "huhhh?"**

**The Arbor Vitalia Courtyard
Now Renting**



All Inclusive Bungalow-like Townhomes - Rentals

- 3+Den / 4 Bedrooms
- 6 Appliances
- Heat and Hot Water Incl.
- Maintenance Package
- Free Access to Club House
- Starting at \$1950/month

OPEN HOUSE
WEEKENDS 2 – 4 PM
Vitalia Court off Washmill Lake Drive

Carefree Living Begins Here
902 445 5307 • www.arborvitalia.com

**NOW
RENTING**

Royale Summit
599 Washmill Lake Drive

**Open Houses
Daily 1-7pm**

- Studio & Two Bedroom Suites Available
- Keyless Entry
- 6 appliances
- Granite Countertops
- Professionally Decorated
- Panoramic Views
- Heat, Hot Water & Underground Parking Included



CITY CENTRE PROPERTY MANAGEMENT
809-7900
www.royalesummit.ca

Brand New Building!




Brand New in the Heart of Halifax

Studio, 1, 2, 3 Bedroom Suites • Now Renting!

- Spacious Suites - up to 1500 Square Feet
- Hardwood & ceramic floors, granite countertops, stainless steel appliances
- Ensuite laundry with full size washer and dryer
- Heat and hot water included
- Large balconies
- Roof top deck
- Underground parking
- Fully equipped fitness room

Located at 3330 Barnstead Lane
For more info call Donna 818 3330
rentals@thevc.ca • www.thevc.ca

THE VINCENT COLEMAN
- UPSCALE CITY LIVING -



**SUNSET
TOWERS**

FULLY FURNISHED SUITES

**Bachelor, One and Two
Bedroom Suites Available**

DAILY, WEEKLY, MONTHLY

Fully equipped kitchens, laundry facilities, free parking, internet and utilities included. Located on Lake Maynard in Downtown Dartmouth, near Penhron, Woodlawn and Mic Mac malls.

341 Portland St, Dartmouth
T: 464 1114 F: 464 1124
sunsettowers@accessable.net

**MOSAIK
PROPERTIES**

Mosaikproperties.ca

Apartments available in Clayton Park

(150 Solutions Dr) 2 Bed = \$1250, 1 Bed = den \$1100 Luxury suites in senior friendly building, Contact Greg 802-3106 or email Greg@mosaikproperties.ca	(137 Solutions Dr) New building with Granite and Stainless appliances Senior friendly 1 bed+den and office \$1175, 2 bed+den \$1300 Call Myrna 818-0289 • myrna@mosaikproperties.ca
(85 Prestwick) 2 bed+den \$1250 2 Bedroom \$1125 call Ella 817-4685	(76 Prestwick) 2 bed \$1200 call Ron 880-8892
(79 Prestwick) 2 bed+den \$1230, 2 bed \$1100 call Foreman 817-5959	

**LOOKING TO MAKE
A CAREER CHANGE?**

Read metro work every
Monday & Wednesday.

INTRODUCING

The WOODBURY //

NOW LEASING



**Where Luxury and
Comfort Come Together.**

Like the original, The Woodbury II offers only the best in rental living. All of our suites are designed with the quality and comforts of any spacious home.

- Open concept design
- In suite laundry facilities
- Granite counter tops
- 6 Appliances
- Large balconies
- Master suite with en-suite bathroom
- Minutes to shopping and theaters
- Lake views and nature trails
- Each unit is fully air-conditioned!
- Plus much more!

Call 902-240-3044

The Woodbury II • 180 Basswood Run • Dartmouth • NS • Tel: (902) 240-3044
manager@rentwoodbury.com • www.rentwoodbury.com



Apartments

...the place you'll love to live.



We have the best quality, variety, selection, locations and price ranges in Atlantic Canada. We'd like to prove it to you. Get in touch and we'll help you find your new home.

CALL: 430.3243
VISIT: KILLAMPROPERTIES.COM

Our New S2 Building on the Bedford Highway



TRUE WATERFRONT LUXURY

Size from 1333 to 2167 sq. ft.



Starting at
\$1,550.00
per month!
497-1158

For more information
please contact David:
d.hilchey@providentdevelopments.com



GARDENS LUXURY APARTMENTS

461 Larry Uteck Blvd. Halifax
**NOW LEASING FOR
OCTOBER 2013 OCCUPANCY**

BRAND NEW BUILDING! Variety of 2 bedroom,
2 bedroom plus den, and 3 bedroom plus den units

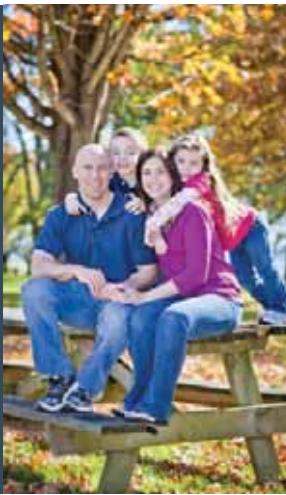
For more info: 877-1787 • jeff@kiel.ca GardensLuxuryApartments.com



RETHINK HIGHFIELD PARK APARTMENTS 1&2 BEDROOMS | **FROM \$635**

1.888.564.3524
oxfordresidential.ca/highfieldpark

OXFORD
MANAGED WITH PRIDE



VIEW TODAY! 902.461.HOME(4663)

We take care of our residents. Try us and see!

ONE MONTH FREE RENT!*

36-36A Primrose
1 BR \$599, 2 BR \$699
*Heat & Hot Water Incl.

77 Farrell
1 BR \$605

Call 402.2915

175 Albro Lake Rd
1 BR \$619
*Heat, Pking & Hot Water Incl.

6-16 Nivens & 15 Middle St.

**1 BR \$605
2 BR \$715-739**
*All utilities included.

Call 789.9932

15/25/35 Leaman
**1 BR \$634
2 BR \$733**
*Heat & Hot Water Incl.

65 & 81 Primrose
1 BR \$599, 2 BR \$699
*Heat & Hot Water Incl.

Call 789.9963

Call 402.2915

11 Glenview
1 BR \$599
*Heat & Hot Water Incl.
Close to Hospital and NSCC

141 Albro Lake Rd.
2 BR \$729
Power Extra
Call 789.9932

Call 830.2158

211-221 Glenforest
2 BR \$829, 3 BR \$929
Call 830.2149

22-40 River Rd.

1 BR \$529, 2 BR \$659

*Heat & Hot Water Incl.

Call 830.1038

2 & 4 Franklyn Crt.

1 BR \$649, 2 BR \$769

Call 830.9060

Call 402.6287

1-10 Crystal
1 BR \$599

1 & 3 Farthington Place
2 BR \$749

Call 830.9060

Call 789-9981

*Red Listings Only.
Ask About Our Pet Friendly Apartments
Can't get a hold of us? Call our help line at 1-877-638-2271
or email us at leasing@metcap.com

Sharability



There are better ways to make your voice heard

What's the point of making a statement, giving a speech or even talking if no one is listening?
Join the METROPOLITAN PANEL and have your voice heard by the readership of the world's largest newspaper.

Metropolitan Panel is an online research panel dedicated to dialogue with you! When you participate, your voice joins thousands of others in 14 countries. Sign up for the panel at metropolitanpanel.com, choose your country and join the global conversation!

metropolitanpanel.com



NEED COOL DESIGN TIPS?

Read metrohome
every Thursday.



FLEA MARKETS

HARBOURVIEW WEEKEND MARKET
HAUNTED HOUSE
All proceeds go to Muscular Dystrophy

Watkins - L. & D. Langille • Linda's Baking + Homemade Jams & Pickles
The Wig Experts • Pat's Jewellery • Points East Retail • G.A.U Games & Collectables
Matelot Militaria Medals Court Mounted • Francoeur Vinyl Graphics
The Book Lady - Rene & Skip • Steve's Diecast Cars + • Millers Kettle Corn
Third Eye Blind - Games & Collectables • 329-CELL Unlocking
The What? Chamacalit Shop • Mini Gifts 4U • Prince of Bling
Randy's Collectibles • Joan's Miscellany Boutique • Kitty Tent Lady & Avon
Tupperware - Anne Schultz & Much More!

OPEN SAT AND SUN 9AM-4PM
SAT FREE & SUN \$1
Table rentals are \$10.00.

FREE DRAW
VISIT US OFTEN AND GET TICKETS ON A
\$500.00 GIFT BASKET TO BE DRAWN FOR
ON OCTOBER 26TH!

42 Canal St, Dartmouth 407-3323 • harbourviewmarket.com

Forum Flea Market
(since 1975)
Windsor + Almon St.
200+ Tables
(Over 1000 Buyers)
Spaces \$17
Admission \$1.50 • Sunday 9-2
463-1406

Give it to a friend
at no extra cost.

metro

SUNDAY FLEA MARKET
32 Glendale Ave
Lower Sackville
9AM - 2PM
Admission \$1
Lots of New Vendors
Tables as low as
\$10 each
Call or text:
902-495-0206
DRISSESCO@GMAIL.COM

JAN • PRO
CLEANING SYSTEMS

**TIRED OF WORKING FOR SOMEONE ELSE?
LIVING PAYCHEQUE TO PAYCHEQUE?**

Jan-Pro Cleaning Systems has local franchises available NOW!

Call today to learn more about the fastest growing commercial cleaning franchise in the world!

Just Announced! JAN-PRO Ranked #1 in Home-based Franchises for 2013 by Entrepreneur magazine.

JAN • PRO

Top 10 Global Franchise
Top 5 Home-based Franchise

Ranked #1 Commercial Cleaning Franchise & Fastest Growing in Commercial Cleaning Overall, 2013
Entrepreneur Franchise 500 Awards

Sources: USA Today, Franchise Business Review, Entrepreneur

PHONE: (902) 481-2100 • www.jan-pro.ca

MOVERS

ABLE MOVERS

- Free In Home Quote
- Insured Professional Service

Call today for your free estimate!
471-9733

Priority One MOVING
YOUR MOVE OUR PRIORITY.
17ft Truck & 2 Men
\$70.00 per hour
No Minimum, No Gas Surcharge
Residential & Commercial
Local & Long Distance
902-483-2898

DENTISTRY

\$99 Teeth Cleaning
Includes: • Hygiene Exam • Polish
• Scaling • Fluoride
Smart Smiles Dental Hygiene
www.Smartsmilesdh.com
2 Locations: 3542 Novalea Dr. Hfx
193 Portland St. Drt
Call Today!
830-6908

LAND DEVELOPMENT OPPORTUNITY

Business partner required to complete a land development project that is 90% complete. This is an excellent opportunity to invest in a sound business venture.

- Capital required is \$20,000.00
- Term of Investment is 90 days
- Return on Investment is 50%

For further information, please call **830-3251**

COMMUNITY EVENTS

Don't Miss the Next
Bridal Show
Sunday, October 6, 2013 • 12pm-5pm
Cunard Centre (Pier 23), Halifax
Atlantic Wedding Showcase
Grand Bridal Shows
Tickets available online or at the door
www.atlanticweddingshowcase.com


Expedia cruise ship centers

JOIN US FOR A CRUISE
INFORMATION NIGHT

Sandra Gardiner of Ama Waterways® and Tammy Drysdale of Expedia® CruiseShipCenters® share the joys of river cruising.

OCTOBER 21, 2013 | 7:00pm

The Wooden Monkey, Dartmouth location, 305 - 40 Alderney Drive

SPACE IS LIMITED,
RSVP - tdrysdale@cruiseshipcenters.com

(902) 441 9698
362 Lacewood Drive, Unit 5, Halifax
www.cruiseshipcenters.com/TammyDrysdale

JUNK REMOVAL

TIME TO TOSS IT
Debris removal,
estate clean ups,
small demos,
unit clear outs,
basements,
yards & construction.
902-449-0232

MASSAGE THERAPY

**John Panter,
Certified Rolfer™**

Are you tired of
chronic pain...?

902 425 2612 • fareast@auracom.com

NOISY BATH?
Quiet Fan
Installed \$119
NOISY RANGE HOOD?

FOGGY WINDOWS?
We remove moisture
in thermo panes for life
902.830.9493
Thefanwhisperer.com

**VANNIE'S STONEWALLS
REPAIRS A SPECIALTY**

Steps,
walkways,
concrete,
etc.
20% Discounts
902-435-9343
902-266-9839

Moisture in Windows?
Don't replace,
repair for a fraction of the cost.
get the **FOG OUT®**
50% OFF
"average cost of
window replacement"
468-4364
www.GetTheFogOut.ca

CarpetDeals.ca
Carpet any room
from as little as
\$389.00
(underpad & install incl. 25 yds)
Free in-home measure & estimate!
Call Phil at **441-1993**
Quality Flooring at Big Savings

FINISH CARPENTER
30 years experience in home
construction, renovations,
additions, kitchens,
bathrooms, flooring, stairs,
railings, crown moldings,
windows, doors & trim.
LYNDEL MUNRO
902-252-5238
users.eastlink.ca/~lyndelmunro/

visit metronews.ca

metro

Horoscopes

Aries

March 21 - April 20

Your heart will point you in the right direction today and if you are smart you won't ask questions, you will just go where it tells you to go

Taurus

April 21 - May 21

You probably won't get a lot of free time today and over the weekend, so make sure others know you are going to be busy.

Gemini

May 22 - June 21

Nothing and no one can stand between you and your goal, but don't get carried away. More important than success is that you reach it appropriately, playing by the rules and helping others along the way.

Cancer

June 22 - July 23

Petty squabbles could easily get out of hand over the next two or three days, so make it a point of honor to control your temper.

Leo

July 24 - Aug. 23

Travel and socialize as much as possible today and over the weekend, because the new moon will introduce you to people and places that bring a smile to your face. Life is good and about to get even better.

Virgo

Aug. 24 - Sept. 23

A new moon in the financial area of your chart means you will get what you deserve, nothing more and nothing less. It's not all about money, of course, but it's a pretty good way of measuring how successful you've been.

Libra

Sept. 24 - Oct. 23

You will be feeling on top of the world today, and with every good reason. The approaching new moon in your sign means that happy days are here again.

Scorpio

Oct. 24 - Nov. 22

It would be foolish to try to bluff your way out of trouble when there really isn't that much at stake. If you have made a mistake then admit it — and maybe follow up with an aggressively Scorpio "so what?"

Sagittarius

Nov. 23 - Dec. 21

You will find it difficult to play by the rules today, especially if other people egg you on to do something outrageous.

Capricorn

Dec. 22 - Jan. 20

Important people expect you to deliver and you must not let them down. You may have to burn the candle at both ends in order to meet your obligations on time but you'll be glad you did, so get on with it.

Aquarius

Jan. 21 - Feb. 19

A new moon in your fellow Air sign of Libra means you can easily escape tasks you don't want to do and people you don't want to get involved with.

Pisces

Feb. 20 - March 20

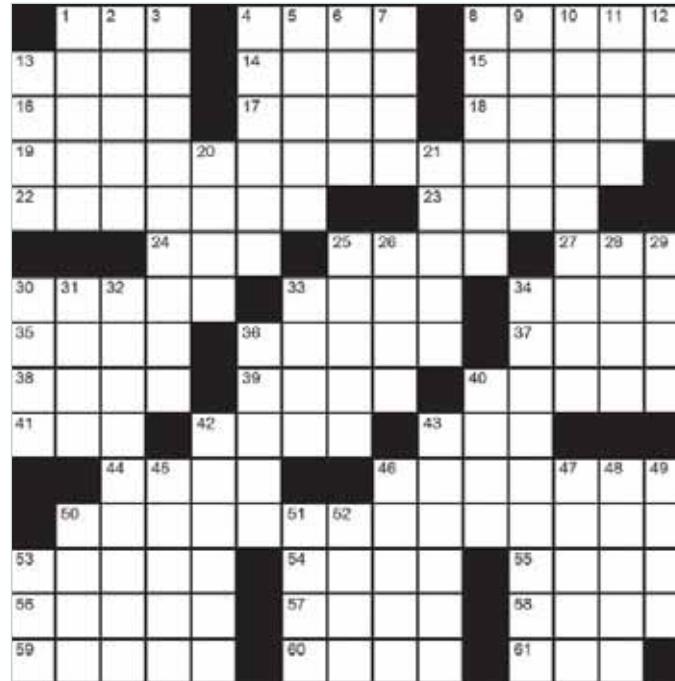
Keep your eyes and ears open and, above all, keep an open mind because an offer that comes your way out of the blue is not to be missed.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Teacher's replacement, commonly
4. Boo-hooed
8. Mystery writer Dame Christie, informally
13. __-mucil (Fiber supplement brand)
14. The 'A' in AD
15. Hairstyling headquarters
16. Have ____ (Know 'somebody')
17. Winnebago owner, informally
18. Swedish explorer Mr. Hedin, and others
19. Beautiful sights in Canada: 2 wds.
22. Sandra Bullock's new outer space movie
23. Boxing locale
24. "I'd like to buy ____." ...said the "Wheel of Fortune" contestant
25. Music category
27. Friend ...en français
30. New Testament star
33. 1722 Daniel Defoe book, __ Flanders
34. Suffix with 'Pluto' (Rich ruler)
35. Environmental sci.
36. Canadian folk singer/songwriter of "Rock and Roll Song"
37. Grain-of-rice

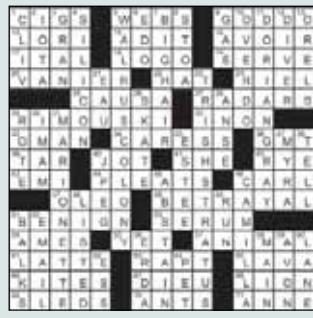


shaped pasta
38. Open/____ case
39. Mr. Redding
40. Someone purchasing
41. Type of hill
42. Was in the red
43. Fish that fits here
44. Reasonable
46. Sweeper's recep-

tacle
50. Bryan Adams hit: 4 wds.
53. Cream of the crop
54. Back
55. Y-
56. Annoyed: 2 wds.
57. Combine
58. Name things on a pad

59. Open court hearings
60. Some insects
61. Allow
Down
1. Man's courtesy title in Barcelona
2. Mohawk Valley city in New York
3. Robber's would-be-
stash holder: 2 wds.
4. Start liking, as an idea: 2 wds.
5. Diplomatic representative
6. Tire: French
7. Conflicted
8. Lash out
9. Singer Mr. DeGraw
10. "____ Glen Ross"

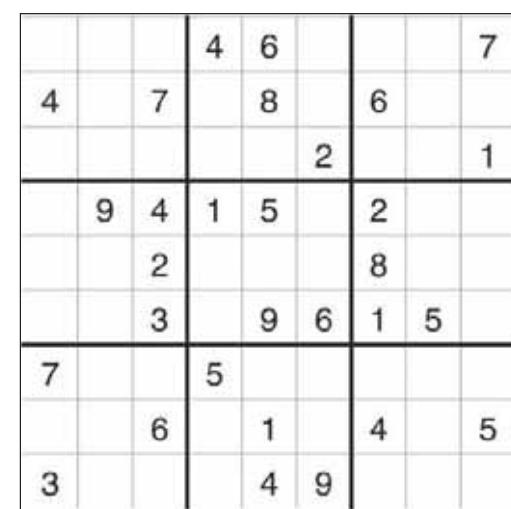
Thursday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Thursday's Sudoku



Today



Saturday



Your #1 weather forecast now available in HD.
Check your local listings for details.



©The Weather Network 2013

grapevine
personals.com
FREE OFFER
FRIENDSHIP // DATING // LOVE
902.491.1600
Other cities: 1.877.CHAT.810
Text "VINE" to 96669 (\$0.70/min)
L900.783.3333 323/90 minutes

nightline
where naughty is nice
60 MINUTE FREE TRIAL
902.444.5533
OTHER CITIES 1.877.834.4044
Text "SCORE" to 96669 15/10min
Dial #GATE (#328) 29¢/min
1900.561.5555 \$25/50min
25¢/50min
NIGHTLINECHAT.COM

CruiseLine.ca
ALL MALE COAST TO COAST
FREE TRIAL
902.431.6725
Other cities 1.877.882.2010
1.900.561.8888 (75 MIN/\$25) TEXT "CRUISE" TO 96669 (10 MIN/ \$5)
*18+ Restrictions Apply
TAYA.CHAT NORTH AMERICA'S FIRST PANSEXUAL CHAT LINE!
CALL 1 866 292 8293
18+

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

(1992)

- Particles
- Spelled-out letters
- Ms. Helgenberger
- Yangs opposites
- Letter ender, Yours ____...
- Strong
- Alberta town
- Complex path system
- "Lump ____ leave...": 2 wds.
- "Why surely you ____!"
- Reverberate
- The Guess Who song that goes "Whatever happened to homes as opposed to houses?": 2 wds.
- Better half
- Duncan, BC-born hockey great, Russ ____
- O, for one
- Savour
- Early stages of things
- Palace protectors
- Fragrant oil from flowers
- Apportioned
- Sprite
- Make ____ (Pose, boxer-style)
- Home, informally
- Be overly sweet
- "____ la Douce" (1963)
- Razor-sharp
- Bigheadedness

CONSIDER THE RISKS for your family, your future.



Under the last Liberal government

1,600 hospital beds closed
1,000 nurses lost
long term care beds frozen

Cuts to health and seniors' care

Stephen McNeil let it slip out last week that the Liberals would run health care "just like we did in 1999" — when the last Liberal government created chaos in health care.

More unemployment, fewer jobs

The Liberals and Conservatives would make Nova Scotia the only province that doesn't invest to attract jobs. Other provinces would get the new jobs that should be here for our young people.



Liberals.

Conservatives.



They just don't get it.

NOT WORTH THE RISK.